



Grovedale News

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<http://sentral.grovedaleps.vic.edu.au/portal2/#!/login>

Term 3 Week 4 — 8th Aug 2024

'Our commitment to Child Safety'

Grovedale Primary School is committed to the safety and wellbeing of all children and young people. This will be the primary focus of our care and decision-making. Grovedale Primary School has zero tolerance for child abuse.

Grovedale Primary School is committed to providing a child safe environment where children and young people are safe and feel safe, and their voices are heard about decisions that affect their lives. Particular attention will be paid to the cultural safety of Aboriginal children and children from culturally and/or linguistically diverse backgrounds, as well as the safety of children with a disability. Every person involved in Grovedale Primary School has a responsibility to understand the important and specific role he/she plays individually and collectively to ensure that the wellbeing and safety of all children and young people is at the forefront of all they do and every decision they make.

Dear Families,

100 Days Brighter

Congratulations to our Foundation students who are officially 100 days brighter now! I am so impressed by this bunch of smart cookies! They work very hard and are learning every day to become better readers, writers, mathematicians and friends.

Huge thanks to our staff and parents who set up the special celebration!

School Uniform

Thank you for your continued support in implementing our School Dress Code, which supports equality, as sense of belonging and a focus on learning. Over the last few weeks there have been a couple of queries about the leggings, in particular. We are aware that there are some challenges in finding replacements for the leggings at this time of year and as mentioned in the previous newsletter we are happy to support families in this process. Please ensure you speak directly with us if you have any concerns about the implementation of the policy.

Please find included in this newsletter some information from our School Council regarding the decision making process and the implementation of the policy.

Student Led Conferences

On **Wednesday the 14th of August** Student Led Conferences are being held. Sentral bookings are open. Students are required to attend the conference where they will share their learning and their goals with you.

Students will be dismissed from school at 1:30pm to allow for teachers to conduct the Conferences. Village OSHC will be operating from 1:30pm to provide care for working parents.

Writing Curriculum Day

We had an outstanding day of professional learning at school on Monday with Emina Mclean – a writing instruction expert. We focused on process, product and genre writing pedagogies, and how to ensure that students are learning the right skills at the right times. This learning will inform our planning for writing instruction at Grovedale Primary School from now onwards.

COMING EVENTS—also on Sentral Calendar

LUNCH ORDERS—EACH TUES & FRI

Order by 8am Tues and 8am for Friday

AUGUST 2024

Fri 2nd	P—2 Assembly
Fri 2nd	Foundation Level—celebrating 100 days at school
Fri 2nd	Principal's Day
Mon 5th	Curriculum Day—no students at school
Tues 6th	1st Prep 2025 Come n Visit Session—bookings essential
Fri 9th	3—6 Assembly
Fri 9th	District Aths—Selected students only
12th—16th	Science Week
Wed 14th	Student Led Conferences—School finishes at 1.30pm Interviews commence from 2pm. Book interview through Sentral.
Thurs 15th	Years 3 and 4 RACV Incursion
Thurs 15th	2nd Come n Visit Session for Prep 2025
Fri 16th	P—2 Assembly
19th—23rd	Book Week
Wed 21st	Newsletter Published
Fri 23rd	3—6 Assembly
Tues 27th	3rd Come n Visit session for Prep 2025
Thurs 29th	Emergency Drill—Onsite Evacuation Drill
Fri 30th	Father's Day Stall
Fri 30th	"Wear it Purple Day"
Fri 30th	P—2 Assembly

SEPTEMBER 2024

Sunday 1st	FATHER'S DAY
Wed 4th	Year 6—Graduation Photos
Fri 6th	3-6 Assembly
Thurs 12th	RU OK Day
Fri 13th	P—2 Assembly
Fri 20th	Last day of Term 3—2.30pm Finish

OCTOBER 2024

Mon 7th	Term 4—Commences
Mon 7th	Curriculum Day
Wed 9—10	Year 3/4 Camp
Fri 11	P—2 Assembly
Mon 21st	School Council Meeting
Wed 23	Geelong Cup Holiday—PUBLIC HOLIDAY

2025 Enrolments

We have headed into our 2025 planning and request that **if you have an intention to enroll or leave the school**, you let us know as soon as possible. This information makes an enormous difference when we are making staffing decisions.

Please let any friends or family that you think may be hoping to enroll with us, to give the office a call.

Warmest wishes,

Tina



**Friday 20th September,
Term 3 finishes
at 2.30pm**

**Monday 7th October Term
4 commences BUT it is a
CURRICULUM DAY—no
students at school**

MESSAGE FROM OUR SCHOOL COUNCIL PRESIDENT

Parents and Caregivers,

The purpose of this communication is to address the recent discussions regarding our school uniform policy, specifically the topic of leggings. I want to assure you that the School Council has carefully considered this matter and has made a conscious decision to uphold the existing policy, which does not - and did not - include leggings as part of the approved uniform.

While we acknowledge that some students may prefer leggings due to their comfort and versatility, there are many alternative options available, including tracksuit pants and other comfortable bottoms that adhere to the uniform policy. We have provided resources in our newsletter to assist you in finding suitable replacements and if you encounter financial difficulties in purchasing new uniform items, please do not hesitate to reach out to the school for assistance.

The enforcement of the policy is based on several factors, including:

- **Durability:** Leggings are often worn frequently and tend to wear out quickly, becoming thin, discolored, or developing holes. This can create a less polished and untidy appearance for our students.*
- **Fit:** As children grow, leggings can become too small, leading to discomfort and a less than ideal fit.*

***Enforcement Challenges:** Asking school staff to enforce a policy that requires subjective judgments about the appropriateness of leggings is not a reasonable expectation. We understand that some parents have mentioned sensory issues as a reason why their child needs to wear leggings, and while we acknowledge individual preferences, it's important to distinguish between preference and medical conditions. If your child has a diagnosed condition that necessitates specific clothing accommodations, we strongly encourage you to speak to the school to discuss appropriate solutions.*

We appreciate the feedback and concerns raised by our community, and we want to emphasise our commitment to working together to ensure a positive and productive learning environment for all students that promotes our school values and behaviours.

Ben, on behalf of the School Council

Dear Families,

I have had the very reasonable request from a couple of families who have immuno-suppressed children at our school, to send a reminder out regarding the spread of sickness in Winter and what we can all do to reduce the risks.

As you may be aware there is a lot of illness in the community at the moment. Our school is no different. To support us in minimising the transfer of bugs between students and staff, please only send your child to school if they are well. At school we are continuing to use a range of hygiene promoting practises including keeping our air filters on, sanitising often, supporting wearing masks and promoting good airflow through our spaces.

If students have had a recent temperature, have had vomiting or loose bowels in the last 48 hours or show signs of colds and flu they should stay home and recover. This helps us all to do our bit to support our more vulnerable students, as well as staying healthy ourselves.

MOBILE PHONES AT SCHOOL

A reminder that the Department of Education has in place a mobile phone ban that requires students who bring mobile phones to school to have them switched off and securely put away during school hours.

The department is requiring all schools to ensure this ban is in place and enforced from the start of the 2024 school year. The ban applies equally to all government schools right across the state.

This helps ensure that school is a learning environment free from unnecessary distractions and disruptions.

By ensuring mobile phones are kept away at recess and lunch times, students can interact with each other face-to-face, without the distractions and social pressures that mobile phones can cause.

I ask for the support of all our families, staff and students in continuing to support the implementation of this policy in our school.

Exceptions: For a small number of students with particular health needs, an exception to the policy may be granted.

Please contact me if you would like to discuss this.

Emergencies: In the event of an emergency or if you need to immediately contact your child, I ask that families contact the school office who will pass on a message as required.

School mobile phone policy: A copy of our school's local mobile phone policy, which implements the government's mobile policy in line with our local context, is available [here](#). (if you cannot get the link, it is on the school's website)

Parent support: The Mobile phones in schools webpage provides links to resources for families to help them balance their children's time using mobile phones.

If you have further questions, please contact the administration office.

Regards, Tina Barnett

Parking Safety Reminder

While there has been improvement in the speeds we are seeing from local traffic due to the Bailey St/Marshalltown Road intersection, we are still seeing considerable illegal and unsafe parking practices.

Please park only in legal parking bays, to allow the School Crossing Guard to have full visibility of the road in both directions.

Also, please do not park in NIDO's carpark if you are not collecting a child from the centre, this is not public parking and causes issues for families who are trying to pick up toddlers.

Please arrive earlier for collection if you need to be close to the gates, or park further away and walk up to the meeting point you have set up with your child.

As always, our aim is not inconvenience families, but to keep children safe, and your assistance in this is both necessary and deeply appreciated.

SCHOOL BEANIES—

School beanies can be purchased. Forms have been sent via Sentral (check the Resource tab in the App)

and there are hard copies in the office. \$20—can be paid via EFT, Cash or BPay.

DID YOU KNOW TO KEEP YOUR IGA DOCKETS FOR OUR SCHOOL FUNDRAISER????

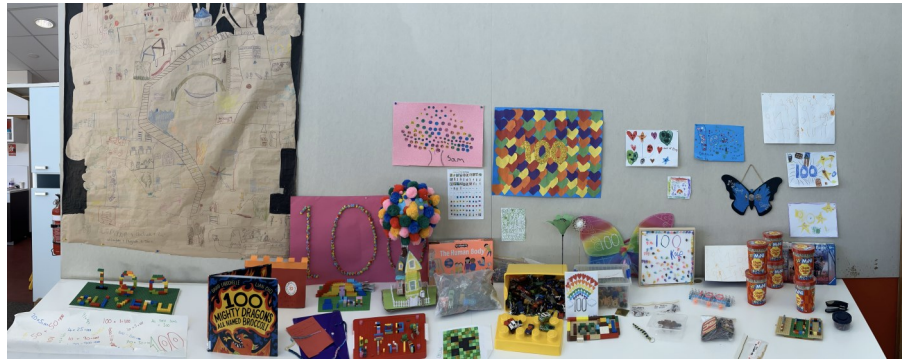
IGA GROVEDALE EAST—Dockets
Marshalltown Road.



Remember if you shop at IGA in Marshalltown Road, to bring your IGA docket in regularly—there is a box in the office to place them into. We must have all docket for the month in by the 15th of the following month.

Example: Please send all of your July docket in by the 14th of August. We have to have them to IGA on the 15th of each month. Keep collecting! A huge Thank You to IGA for your ongoing support and sponsorship of the school. Thank You IGA!!

Foundation 2025 Celebrating 100 days



Last Friday the Prep cohort celebrated our much anticipated 100 days at school. We have been counting to this since our first day, it was so rewarding to see our 100th counter go up on the board!

We spent the morning all together congratulating each other and reflecting on our journey at school so far. After this we were very busy crafting special '100 days' crowns, colouring and carefully threading beads to make bright keychains with the much appreciated help of our beloved buddies.

Throughout the day we admired the creative 100 days themed gallery many of our clever Preps put together. Lots of hard work and counting went into these collections and crafts, hence this was a really rewarding thing to put on display for us all to appreciate.

After recess, we were lucky enough to engage in some rotations with our specialist teachers, in which we participated in some fun 100 themed activities. This helped us build up quite the appetite, so we all came back to our party for an early Pizza lunch and cupcakes. Delicious!

It was such an amazing day and we had a magical time celebrating this milestone together. The OLC was absolutely buzzing with excitement, bright colours, giggles, happy faces and very proud Preps. Thank you to all the Prep students, special adults and teachers who helped us make this so special!



The fun stuff..



GROVEDALE PRIMARY SCHOOL

FATHER'S DAY Stall



FRIDAY | 30TH | AUGUST

Gifts are available for students to purchase for \$2, \$3, \$5 and \$6



Please send cash in an envelope to school on the day.

Please write students name and amount on the front of the envelope

maximum of 2 gifts per student.



This is a school event organised by the Parents and Community group. If you would like to be involved in this group please email grovedale.ps@education.vic.gov.au



GEELONG

LITTLE HOOPERS

HoopCity U Spalding Little Hoopers is for the early hoopers aged 4-7 years old. It is an introduction to the fun and fundamentals of basketball.

PREP

Hoop City U Prep is our Introductory level for ages 7-11. Prep classes are tailored for athletes just starting on their basketball journey. Learn the basics of basketball from dribbling, shooting form, passing, team work. Our expert coaches will ensure you develop your basic fundamental skills.

HCU SILVER U12-18S

Hoop City U Silver is for Junior Development aged 11-16. Silver classes are designed for athletes that have a good foundation of basic basketball skills. This class will include combo moves, shooting drills, timing and spacing concepts along with finishing moves.

GEELONG

HOOP CITY U SCHEDULE

MONDAYS

- Little Hoopers - 4:30-5:30pm
- Prep - 4:30-5:30pm
- U12s HCU Silver - 6-7pm
- U16s Boys HCU Silver - 7-8pm

TUESDAYS

- U14s HCU Silver - 6-7pm

WEDNESDAYS

- Little Hoopers - 4:30-5:30pm
- Prep - 4:30-5:30pm
- U12/14s HCU Silver - 5:30-6:30pm
- U16s Girls HCU Silver - 5:30-6:30pm

THURSDAYS

- U16s Girls HCU Silver - 6-7pm
- U16s Boys HCU Silver - 6-7pm

FRIDAYS

- Prep - 4:30-5:30pm

SATURDAYS

- Little Hoopers - 8:30-9:30am
- U12/14s HCU Silver - 9:30-10:30am
- U16/18s HCU Silver - 10:30-11:30am

BOOK VIA THE HOOP CITY APP

Refer to website and app for all timeslots and details



Victorian Premiers' Reading Challenge

The Victorian Premiers' Reading Challenge is now open and Grovedale Primary School is excited to be participating. The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 6 September 2024.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit: <https://www.vic.gov.au/premiers-reading-challenge>

Each student will receive their individual code to log into the VPRC this week.



Stay well this winter

Symptoms of influenza (flu) can hit very quickly and may last several weeks. Vaccination is the best way to protect yourself and others from getting the flu.

Keeping our school community well

Parents, carers and students are encouraged to practice prevention measures, including:

- washing and sanitising hands regularly
- avoiding touching eyes, nose and mouth with unwashed hands
- covering nose and mouth when coughing or sneezing
- staying home if unwell and consulting a general practitioner (GP) or Nurse-on-call as required
- staying up to date with flu and COVID-19 vaccinations.

Flu vaccinations

Flu vaccinations can be booked through GPs and pharmacies, many of which can also provide COVID-19 vaccinations. Flu vaccination is recommended for everyone aged 6 months and over.

Some people are more at risk of complications from flu and are eligible for free vaccination as part of the National Immunisation Program.

COVID-19 booster

The 2024 COVID-19 booster dose is available for everyone aged 18 and above.

Getting your booster dose remains the best way to prevent severe illness or hospitalisation, especially in people aged over 65 and those at higher risk of severe illness.

Children aged between 5 and 17 years who are at risk of severe illness can also receive a 2024 booster dose.

You can get your next dose at your local pharmacy or GP. To find one near you, refer to the vaccine clinic finder.

Find out more

For more information about preventing flu, and immunisation, refer to:

- [Better Health Channel influenza flu immunisation fact sheet](#)
- [Getting vaccinated against influenza.](#)

STUDENT AWARDS:

Rosie C	FR	For seeking help during learning time when she is unsure of the next step or how to complete a task.
Ellie S	FR	For always asking clarifying questions and seeking help when she is unsure.
Ilah C	FP	For challenging herself with her learning.
Arli M	FP	For trying his best and using a growth mindset in Writing.
Eddie O	FS	For putting up your hand and waiting patiently for clarification, when you are unsure.
Maia G	FS	For 'slowing down' and walking calmly around corners and on paths marked with turtles.
Remy F	12A	For displaying a growth mindset towards his learning.
Millie C	12A	For being organised and helping others.
Flynn S	12C	For asking for help and support from his teachers and peers.
Piper C	12C	For staying focused and completing your work on time.
Stefan L	12T	For trying his best even when tasks seem challenging.
Addy S	12T	For trying his best and completing his work on time.
Maisie S	12W	For displaying kindness to everyone during learning.
Olivia W	12W	For being polite and positive to others during learning.
Teijin B	34B	For always trying her best, staying focused and being a great role model to her peers.
Milly M	34B	For enjoying new learning and viewing challenges with enthusiasm.
Lexi J	34D	For believing in herself as a learner and focusing so well in maths.
Levi M	34D	For giving excellent mathematical thinking about fractions in class discussions.
Marcus W	34F	For bringing in library books connected to our geographical inquiry unit to share additional information with us.
Harry B	34F	For asking for help and taking on feedback when unsure
Will F	34R	For the enthusiasm you show towards your learning.
Molly S	34R	For being an enthusiastic and dedicated learner.
Shivani G	56B	For consistently taking pride in your work at school and pushing yourself to learn new skills.
Stella L	56B	For ensuring that your work is always set out neatly to show your understanding in maths.
Izzy D	56N	For your enthusiasm towards new learning and always striving to achieve your best.
Alex F	56N	For your effort in understanding new learning and asking for help when needed.
Liam H	56U	For your efforts in understanding new concepts and for always trying your best.
Seth J	56U	For never giving up with new learning and asking for help when needed.
Leo Y	56W	For his improved effort during writing tasks and for asking for assistance to help achieve his best.
Milla B	56W	For always putting great effort into the presentation and content of her learning.



PRINCIPAL AWARDS:

Lily P	56	For consistently trying her best with all aspects of her learning and being an amazing role model to her peers.
Tayla O	34	For being brave and taking risks in your learning by sharing ideas and questions.
Charlotte H	12	For showing enjoyment to learning new things and viewing challenges with enthusiasm.
Marlow H	Prep	For working independently and showing determination with her learning. Well done, Marlow!

Bits and Pieces

Little Kickers
0493 774 931
geelong@littlekickers.com.au

Become a part of the **WORLDS** largest pre-school program and ignite imagination and enthusiasm for life.

Get kicking with us **TODAY!**

www.littlekickers.com.au

LITTLE KICKERS
30 months - 2 1/2 years

JUNIOR KICKERS
2 1/2 Years - 3 1/2 Years

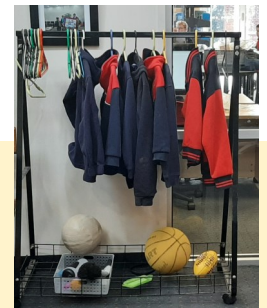
MIGHTY KICKERS
3 1/2 Years - 5 Years

MEGA KICKERS
5 Years - 7 Years

REGISTER NOW!

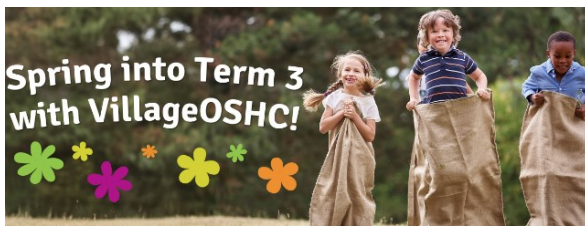
- ✓ Visit our website
- ✓ Select 'Find a Class'
- ✓ Enter your location
- ✓ Check availability
- - available ● - waitlist
- ✓ Join the team! *free trial subject to availability

LOST PROPERTY—ALL ITEMS AT THE FRONT OFFICE



Please don't forget to name your child's school garments so we can return them when they leave them lying around the school.

PLEASE ENSURE ALL SCHOOL UNIFORM IS NAMED, SO THEY CAN BE RETURNED TO THE OWNER.



Spring into Term 3 with VillageOSHC!
Book online at VillageOSHC.com.au | Book 24 hours in advance for the best price!



We're inviting children of all ages to spring into a fantastic Outside School Hours Care service with VillageOSHC!

Join us in Term 3 as we head outside and get active for the spring, eat delicious healthy snacks, and make new lasting friendships over the term!



Check out these wonderful photo examples of the creative work children do in our service every day!

Enjoy VillageOSHC's affordable and convenient service while you work, study or attend to personal commitments!

Spring into action!
Enrol and Book at VillageOSHC.com.au today!



Operating Days, Hours and Fees

Before School Care | Mon-Fri 7:00 AM - 8:45 AM
After School Care | Mon-Fri 3:15 PM - 6:00 PM

Before School Care	After School Care
Permanent Rate: \$19.95	Permanent Rate: \$25.95
Casual Rate: \$22.35	Casual Rate: \$29.85
Pay from \$1.99 after CCS	Pay from \$2.59 after CCS

Book 24 hours in advance to receive the permanent rate. Bookings made within 24 hours receive the casual rate. Cancel free of charge, 24 hours in advance.

How to Enrol (for free) and Book

1. Visit VillageOSHC.com.au and click "Book Your Sessions" in the top corner.
2. This will take you to our booking platform; LookedAfter. Click "Log in/Enrol".
3. Create your account.
4. Check your inbox for a verification email to activate your account. (check junk folder if not found.)
5. Once you've logged in, enrol your children with the relevant details.
6. Book your sessions by searching for your school with "Find My School".

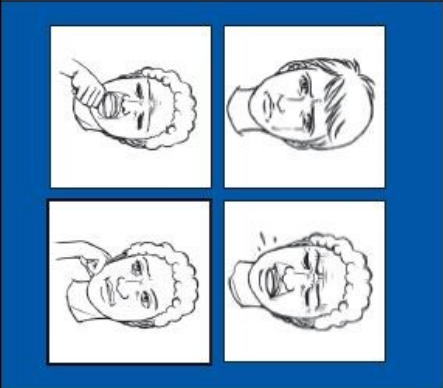
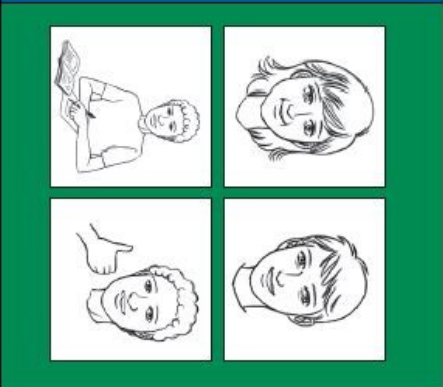
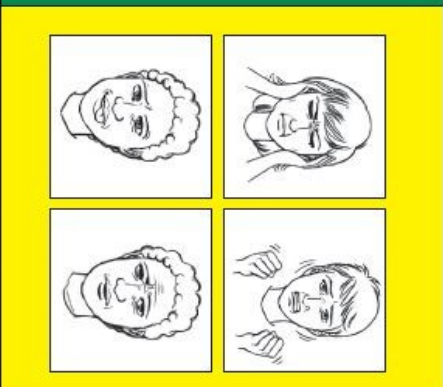

Scan the QR Code and book with VillageOSHC today!

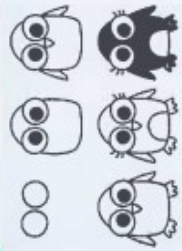


www.villageoshc.com.au | support@villageoshc.com.au



The ZONES of Regulation™

 <p>BLUE ZONE</p> <p>Sad Sick Tired Bored Moving Slowly</p>	 <p>GREEN ZONE</p> <p>Happy Calm Feeling Okay Focused Ready to Learn</p>	 <p>YELLOW ZONE</p> <p>Frustrated Worried Silly/Wiggly Excited Loss of Some Control</p>	 <p>RED ZONE</p> <p>Mad/Angry Terrified Elated/Ecstatic Devastated Out of Control</p>
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**Guided
Drawing**

Mrs Saunders
Mrs Anderson

OLC Room 10

LUNCH CLUBS

Recess

MON



Sport & Games

Multipurpose Room

Mr Blake & Mr Shiell

TUE

Dancing

12W Room 5

Ms Woods



WED

Grade 1&2 Choir



Mrs Waldron
Art Room



Computers

Library Mrs Clarke

THU

Grade 3-6 Choir



Mrs Waldron
Art Room

Mrs Armstrong
Renzow



FRI

OLC Room 9

Ms Pantelimon
Mrs Carter



Mindful Colouring



Gardening

Veggie Patch
Ms Marshall

Lunch

PARENT EDUCATION EVENTS

GEELONG and BARWON
SOUTHWEST REGION



TERM 3, 2024

All Regional Parenting Service programs along with MELI (*formerly Barwon Child Youth & Family (BCYF) and Bethany*), Family Relationship Centre, Drummond St Services and Barwon Southwest Region programs will be offered face to face or online. Bookings are essential. For details of dates, times and venues please see below.

BRINGING UP GREAT KIDS

The First 1000 Day

The first 1,000 days of life is a program for parents with children aged under 2 years and designed to nurture parents as they embark on their journey. It provides parents with knowledge about brain development and an understanding of how children grow and what they need. The centrality of family relationships and opportunities for parents to reflect on their own childhood and how to connect with their children are all explored.

BRINGING UP GREAT KIDS

Bringing up Great Kids is a 6-week supportive program for parents of children aged 12 months to 9 years.

The program aims to:

- develop parents' skills to enhance communication with their children;
- promote positive interactions between parents and their child/ren;
- encourage the development of a child's positive self-identity.

CIRCLE OF SECURITY

Circle of Security is an 8-week supportive program for parents of children aged birth to 5 years.

The program aims to:

- help parents understand how to build feelings of security for children in their early years;
- assist parents with skills to build on the positive relationship with their child;
- develop confidence in parents to respond to their child in a way which builds a secure foundation for children.

TUNING IN TO KIDS

Tuning in to kids is a 6-week supportive program for parents of children aged 4 to 10 years.

The program aims to:

- help parents teach and support their child/ren to understand and manage their emotions;
- support parents in encouraging children to express emotions appropriately;
- maximise children's social, behavioural and learning outcomes.

BRINGING UP GREAT KIDS

Parenting Adolescents

The program builds on maintaining positive relationships and interactions between parents and adolescents during the ages of 10 to 17 years.

This 6-week program will look at having a better understanding and being able to support your adolescent.

- Finding meaningful ways to stay connected with you adolescent;
- Understand that all behaviour and interaction have a meaning attached to it;
- Develop an increased understanding about the messages that they communicate to their adolescent through their behaviour, actions and attitudes;
- Develop skills to identify and manage their stress associated with parenting.

OUR KIDS – Parenting After Separation

Our Kids is a 6-week course on parenting after separation and the impact of parental conflict on children. The course encourages parents to focus on the needs of their children and develop helpful communication strategies following separation. Courses run weekly for 6 weeks during school terms. Morning and evening sessions are available.

THE DAD WORKSHOP

This 6-week program will focus on giving you the tools you need to create a better life for your entire family.

We will look at simple things you can do to improve:

- your relationship with yourself;
- your relationship with your partner;
- your relationship with your kids.

FLOURISHING FAMILIES

A 5-week program for parents with children of all ages to discover how you can help your family to flourish.

Learn about:

- how you can promote resilience;
- increase awareness of your family's strengths;
- create and nurture positive family relationships;
- give feedback to support individual growth.

NO MORE SCAREDY CATS

Reducing Anxiety and Building Resilience in Children

A 4-week program for parents of children 5 to 12 years to gain an understanding of the increasing levels of anxiety in a child and strategies to help manage the "traps and tripwires" with strengthening sayings, questioning strategies and mindful exercises.

TUNING IN TO TEENS

Tuning in to teens is a 6-week supportive program for parents of teens aged 12 to 18 years.

The program aims to:

- support parents to connect and communicate with their teens;
- assist parents with understanding adolescent development;
- help parents to assist their teen to develop emotional intelligence;
- remain empathetic and stay connected.

LIVING WITH TEENS

A model for building strong, secure connections. Living with Teens is a 3-week program.

The program aims to cover:

- what parents need to be able to meet teen's needs;
- what teens need from parents;
- adolescent development.

BUMPS TO BUBS

Bumps to Bubs brings young mothers and mothers-to-be (up to 23 years) with babies 0 to 1 year, together to support the journey of parenting.

BUBS TO TOTS

Bubs to Tots brings mothers (up to 24 years) of children in the 1 to 2 year age group together for support and education.

DADS TUNING INTO KIDS

Dads Tuning into Kids is a 6-week supportive program specifically for Dads of children aged 3 to 12 years.

The program aims to:

- help dads to effectively tune in to their child's emotions;
- encourage dads to strengthen their emotional connection with their child;
- support dads to build skills in emotion coaching to assist their child's individual needs.

POSITIVE PARENTING PROGRAM

Available online via the Triple P website

www.triplep-parenting.net.au/vic-uken/triple-p/

STRENGTHENING FAMILY CONNECTIONS


Strengthening Family Connections is a free 8-week program for parents and their children aged 8 to 12 years. The program aims to build a positive family culture and strengthen family connections.

STEPPING STONES

Stepping Stones is a 5-week program for families with a child who has a disability. The program aims to help parents use Positive Parenting to acquire new skills and knowledge. Skills are practiced and parents receive constructive feedback about their use of skills.

Parent Education Events

Term 3, 2024

Program	Location / Venue	Days / Dates	Time	Bookings
Bringing Up Great Kids - Adolescents	Online via Zoom	Mondays 05 Aug – 09 Sep	7.00pm - 9.00pm	 <p>Regional Parenting Service</p> <p>www.geelongaustralia.com.au/parenting</p> <p>Ph: 5272 4741</p> 
Tuning in to Kids	Bellarine Community Health 23-25 Palmerston Street, Drysdale	Wednesdays 07 Aug – 11 Sep	6.00pm - 8.00pm	
Tuning in to Kids - Drummond Street Services	Wurriki Nyal 137-139 Mercer Street, Geelong	Mondays 29 Jul – 02 Sep	5.30pm - 7.30pm	
Circle of Security	Wurriki Nyal 137-139 Mercer Street, Geelong	Tuesdays 23 Jul – 10 Sep	7.00pm - 9.00pm	
BUGK First 1000 Days	Online via Zoom	Wednesdays 31 Jul – 04 Sep	7.00pm - 8.30pm	
Bringing Up Great Kids	Chilwell Primary School 313A Pakington Street, Newtown	Thursdays 01 Aug – 05 Sep	7.00pm - 9.00pm	
<p>To express your interest for the following programs please contact Regional Parenting Service</p>				
The Dad Workshop		Flourishing Families		The Anxiety Coach
Our Kids – Parenting after Separation	Family Relationship Centre 1/100 Brougham Street, Geelong	Thursday 25 Jul – 29 Aug	Contact the Family Relationship Centre for times	 <p>Family Relationship Centre</p> <p>www.catholiccarevic.org.au</p> <p>Ph: 5246 5600</p>
Online parenting programs	Drummond St Services offer a range of online programs, please see their website for further details.	Various dates and times		 <p>Drummond Street Services</p> <p>ds.org.au/events/</p>

Parent Education Events

Term 3, 2024

Program	Location / Venue	Days / Dates	Time	Bookings
Circle of Security	Bellarine Living & Learning Centre, 20 Worden Court, Whittington	Thursdays 1 Aug – 5 Sep	9.30am - 11.30am	 <p>Meli, the new name for BCYF and Bethany</p> <p>www.meli.org.au</p> <p>Ph: 5226 8900</p> 
Tuning into Kids	Grovedale Community Hub 45 Heyers Road, Grovedale	Tuesdays 30 Jul – 3 Sep	9.30am - 11.30am	
Strengthening Family Connections	Meli 16 Ballarat Road, Hamlyn Heights	Wednesdays 24 Jul – 11 Sep	4.30pm - 7.30pm	
Tuning in to Teens	Meli 222 Malop Street, Geelong	Tuesdays 30 Jul – 3 Sep	9.30am - 11.30am	
<p>To express your interest for the following programs please contact MELI</p>				
Baby College		Bumps to Bubs		Bubs to Tots
Circle of Security (Abbreviated version)	Moyné Shire	Tuesdays 23 Jul – 10 Sep	6.00pm - 8.00pm	 <p>CatholicCare Victoria – Warrnambool</p> <p>www.catholiccarevic.org.au</p> <p>Ph: 4344 4588 E: helen.diamond@catholiccarevic.org.au</p>
Circle of Security (Abbreviated version)	Childrens Services Building	Wednesdays 24 Jul – 28 Aug	TBA	