# Grovedale 3216 Tel: 5243 3902 Email: grovedale.ps@education.vic.gov.au

http://sentral.grovedaleps.vic.edu.au/portal2/#!/login

Term 2 Week 4—8th May 2024

**LUNCH ORDERS—EACH TUES & FRI** 

## 'Our commitment to Child Safety'

Grovedale Primary School is committed to the safety and wellbeing of all children and young people. This will be the primary focus of our care and decision-making. Grovedale Primary School has zero tolerance for child abuse.

Grovedale Primary School is committed to providing a child safe environment where children and young people are safe and feel safe, and their voices are heard about decisions that affect their lives. Particular attention will be paid to the cultural safety of Aboriginal children and children from culturally and/or linguistically diverse backgrounds, as well as the safety of children with a disability. Every person involved in Grovedale Primary School has a responsibility to understand the important and specific role he/she plays individually and collectively to ensure that the wellbeing and safety of all children and young people is at the forefront of all they do and every decision they make.

Dear Families,

## **2025 Enrolments**

It's already time to think about 2025 Foundation. There is a new process in place for families to put an Application to Enrol for 2025. The school can accept Applications from the start of term 2 until the 26<sup>th</sup> July. The school will provide letters of offer or non-acceptance between the dates of 29th July to the 9th August 2024.

If you have a child enrolling for 2025 and you would like to tour our school, please contact the office to make an appointment.

## **SWIMMING PROGRAM**

This week we began our full school swimming program at the Geelong Aquatic Centre in Newtown. Our students have been thoroughly enjoying their lessons and are doing a great job at coming to school organised and ready for their lessons. If you are missing any small items of clothing such as socks or underwear, please check with your child's teacher as we do have a small amount of lost property left over.

The swimming program will conclude on Friday 17 May next week.

## **SCHOOL PARKING**

We have been contacted several times from the staff across the road at Nido Kindergarten and Childcare. They have relayed their concerns about multiple near misses of accidents happening in their carpark. They believe this is happening as a result of Grovedale PS parents parking in their drop their children off for school. Please remember this carpark is to serve the customers and families of that Childcare centre only. When dropping off or collecting your child from our school, please park in designated carparks on Bailey St or on Marshalltown Rd near the gate that opens to our oval.

## **DISTRICT CROSS COUNTRY**

On Monday 29 April a large group of our best runners went to represent Grovedale PS at the district cross country carnival. All our students did amazingly well and displayed great persistence. Some of our students did so well that they have now qualified to represent our district at the regional finals. Congratulations to Jasmine Harper, Imogen Strachan, Will Fotinoitis, Alfie Dave, Matina Kamsonny and Cooper Hermans who will compete in the next stage on Tuesday 14 May at East Geelong Gardens.

Continued on Page 2

## **COMING EVENTS—also on Sentral Calendar**

Order by 8am Tues and 8am for Friday  MAY 2024  6th—17th Swimming Lessons Program  Wed 8th Newsletter  Fri 10th Year 6 to 7 Application forms due  Fri 10th Mother's Day Stall  Fri 10th Assembly  Sun 12th MOTHER'S DAY  Mon 13th Parent & Friends Community Group meeting @ 2.30pm  13th—17th Education Week  Wed 22nd Newsletter  Thurs 23rd P-2 Gymnastics  Fri 24th Assembly  Sun 26th NATIONAL SORRY DAY  27th—31st Reconciliation Week  Tue 28th Foundation/Year 1—Dental Program visitation  Thurs 30th P-2 Gymnastics  Fri 31st Winter Lightning Premiership Gr 5/6  JUNE 2024  Wed 5th Newsletter Published  Thurs 6th P-2 Gymnastics  Fri 7th Assembly  Mon 10th KING'S BIRTHDAY PUBLIC HOLIDAY  Thurs 13th P-2 Gymnastics  Mon 17th School Council Meeting  Wed 19th Newsletter published  Thurs 20th World Refugee Day  Fri 21st Gr 3-6 Athletics  Fri 28th Prep—Year 2 Athletics  Fri 28th Prep—Year 2 Athletics  Fri 28th Last Day of Term—2.30pm finish	LONGIT ONDERS—LACIT TOLS & TRI					
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	Fri 28th	Last Day of Term—2.30pm finish				

## **BAT FORCE YOUTH PROGRAMS**

We have been lucky enough to have received funding to work with the Barwon Adolescent Task Force, known as BAT Force, to provide two fantastic programs for a select group of our Year 5&6 students.

Ten students have been selected to participate in the MAT program. This program combines the principles of mental wellbeing and emotional regulation with those of therapeutic martial art training techniques, games, metaphors and stories.

The format aims to engage and empower young people to learn life skills and to better manage the challenges in their lives.

A different ten students are participating in Yoga & Mindfulness sessions aimed at improving self-regulation skills with a focus on learning about the brain, developing body awareness, learning tools to support students at times of stress or when they are experiencing anxiety.

These programs will take place once a week for the remainder of Term 2 and into Term 3.

## **SCHOOL UNIFORM**

Please ensure your child is wearing navy blue pants or shorts when they come to school each day. We have noticed a few black items starting to creep in on a daily basis and black is not part of our school uniform.

Please also be reminded that as we head into the cooler months, students can wear whatever coat/jacket they would like to when transitioning to and from school. However, when entering the classroom students are expected to be in full school uniform only. Teachers will ensure classrooms are kept at an optimal temperature for learning and students will not need jackets inside.

## **YEAR 7 TRANSITION FORMS**

If your child is in Year 6, you would have received your Year 7 transition forms already. These forms are due back to school this coming Friday 10 May. Please ensure these are returned to school so that the next part of the process can begin promptly. If you have any questions regarding the process, please come in or call and speak with me.

See you at assembly!

**Graham Byworth** 

## **Parking Safety Reminder**

While there has been improvement in the speeds we are seeing from local traffic due to the Bailey St/Marshalltown Road intersection, we are still seeing considerable illegal and unsafe parking practices.

Please park only in legal parking bays, to allow the School Crossing Guard to have full visibility of the road in both directions.

Also, please do not park in NIDO's carpark if you are not collecting a child form the centre, this is not public parking and causes issues for families who are trying to pick up toddlers.

Please arrive earlier for collection if you need to be close to the gates, or park further away and walk up to the meeting point you have set up with your child.

As always, our aim is not inconvenience families, but to keep children safe, and your assistance in this is both necessary and deeply appreciated.



## MOBILE PHONES AT SCHOOL

A reminder that the Department of Education has in place a mobile phone ban that requires students who bring mobiles phones to school to have them switched off and securely put away during school hours.

The department is requiring all schools to ensure this ban is in place and enforced from the start of the 2024 school year.

The ban applies equally to all government schools right across the state.

This helps ensure that school is a learning environment free from unnecessary distractions and disruptions.

By ensuring mobile phones are kept away at recess and lunch times, students can interact with each other face-to-face, without the distractions and social pressures that mobile phones can cause.

I ask for the support of all our families, staff and students in continuing to support the implementation of this policy in our school.

**Exceptions:** For a small number of students with particular health needs, an exception to the policy may be granted. Please contact me if you would like to discuss this.

**Emergencies:** In the event of an emergency or if you need to immediately contact your child, I ask that families contact the school office who will pass on a message as required.

**School mobile phone policy**: A copy of our school's local mobile phone policy, which implements the government's mobile policy in line with our local context, is available <u>here</u>. (if you cannot get the link, it is on the school's website)

**Parent support:** The Mobile phones in schools webpage provides links to resources for families to help them balance their children's time using mobile phones.

If you have further questions, please contact the administration office.

Regards, Tina Barnett



## SCHOOL BEANIES—

School beanies can be purchased. Forms have been sent via Sentral (check the Resource tab in the App)

and there are hard copies in the office. \$20—can be paid via EFT, Cash or BPay.



## Victorian Premiers' Reading Challenge

The Victorian Premiers' Reading Challenge is now open and Grovedale Primary School is excited to be participating. The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 6 September 2024.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit: <a href="https://www.vic.gov.au/premiers-reading-challenge">https://www.vic.gov.au/premiers-reading-challenge</a>

Each student will receive their individual code to log into the VPRC this week.







Tom from Tom's Marketplace in Armstrong Creek continues to supply our school with a box of free fruit every week. Please drop in and support him and say thanks.



Gardening club feeling pretty happy with their success at propagating some mint and rosemary. Are you one of the lucky families getting one of these!

## CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

## **APPLICATIONS CLOSE 28TH JUNE 2024**

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum. CSEF is provided by the Victorian Government to assist <u>eligible families</u> to cover the costs of school trips, camps and sporting activities.

\*\*If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child. The annual CSEF amount per student is:

\$150 for primary school students

## HOW TO APPLY for NEW STUDENTS (even if you are an existing family) or CHANGED FAMILY CIRCUMSTANCES

New applicants should contact the school office to obtain a CSEF application form or download from the website below. If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

If you are eligible, you only need to complete an application form if any of the following changes have occurred:

- new student enrolments: your child has started or changed to Grovedale PS this year.
- changed family circumstances: such as a change of custody, change of name, concession card number, or new siblings commencing this year (eg: This includes an existing family who has a **NEW** student starting at Grovedale Primary School)

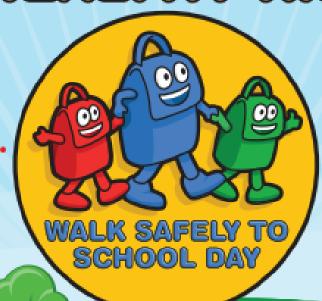
Check with the school office if you are unsure if you have completed a CSEF form or if we have applied on your behalf due to the fact that you received the funding in 2023.

More information can be found at this link:

https://www2.education.vic.gov.au/pal/camps-sports-and-excursions-fund/guidance/submitting-application

STUDENT AV	VARDS				
Banjo S	FR	For checking up on others to see if they are okay when he can see they might be upset.			
Estelle M	FR	For being a kind member of Prep R and treating others respectfully.			
Robbie M	FP	For always being polite by using his manners.			
Arli M	FP	For always helping pack up at the end of the day.			
Harlan S	FS	For being kind and caring towards your classmates. Keep it up Harlan.			
Eddie O	FS	For checking in on your classmates and making sure they are okay. Thanks for helping your friends when they need it.			
Madison S	12A	For showing kindness by always offering a helping hand to those who need it.			
Axton S	12A	For showing kindness by being helpful to others and having a positive attitude in the classroom. Keep it up!			
Miles L	12C	For showing kindness by checking in on others to see if they are ok.			
Flynn S	12C	For showing kindness by helping others.			
Charlotte H	12T	For considering the feelings of others and including them in activities.			
Arlo S	12T	For using his manners and supporting his peers when using technology.			
Callaghan W	12W	For being a kind, positive and caring role model who is enthusiastic about learning!!!			
Azeenah H	12W	For being a happy, kind and caring member of our class.			
Isabelle O	34B	For being a kind and helpful friend in class. Well done Isabelle!			
Brodie N	34B	For showing kindness by considering the feelings of others. WellI done Brodie!			
River R	34D	For being kind to others and checking into see if they are okay and if she can help them. Thanks so much for your kindness			
Ronin S-L	34D	For helping others if they are stuck and giving them kind advice to help them keep going.			
Alfie D	34F	For using manners when getting off the bus at swimming.			
Alfie N	34F	For trying new things with a smile.			
Dilarah T	34R	For sharing resources with others.			
Edie M	34R	For the kind and respectful way you treat other people.			
Shivani G	56B	For showing respect kindness to her classmates and teachers at all times.			
Harlem C	56B	For being kind and inclusive to others in class and in the yard.			
Oliver K-W	56M	For always showing the value of kindness inside and outside the classroom, looking out for others and using and words			
Makenzi J	56M	For making good choices in the playground at recess and lunch and showing kindness towards peers.			
Matina K	56N	For showing the value of kindness by checking in on others and always being willing to help your classmates.			
Ava S	56N	For your kind and inclusive nature towards your classmates.			
Darcy B	56W	For always being a positive influence on others through kindness and effort.			
Mitchell T	56W	For making positive comments to others for their effort in sport.			
PRINCIPAL AWARDS:					
Ahmed A	56	For always using kind and inclusive language in our classroom and regularly doing jobs to improve our classroom environment such as cleaning tables and putting down chairs without being asked.			
Lexi J	34	For always showing kindness to everyone in the grade- both adults and children. You check in to ask others if they are okay and are caring to offer help if someone needs it.			
Murphy J	12	For always being willing to help others and having a positive attitude at all times.			
Elia H	Prep	For checking in on and trying to support his classmates when he can see they are upset.			

# ACTIVE KIDS ARE HEALTHY KIDS



JOIN US FRIDAY 10 MAY 2024



Until they're ten, children must always hold an adult's hand when crossing the road

WALK.COM.AU



@nationalwalksafelytoschoolday





@natwalktoschool

#WSTSD



SUPPORTED BY THE AUSTRALIAN GOVERNMENT AND ALL STATE, TERRITORY AND LOCAL GOVERNMENTS



## **Bits and Pieces**

## **Operating Days, Hours and Fees**

Before School Care | Mon-Fri 7:00 AM - 8:45 AM After School Care | Mon-Fri 3:15 PM - 6:00 PM

Before School Care	After School Care
Permanent Rate: \$19.95	Permanent Rate: \$25.95
Casual Rate: \$22.35	Casual Rate: \$29.85
Pay from \$1.99 after CCS	Pay from \$2.59 after CCS

Book 24 hours in advance to receive the permanant rate. Bookings made within 24 hours receive the casual rate. Cancel free of charge, 24 hours in advance.

## How to Enrol (for free) and Book

- 1. Visit VillageOSHC.com.au and click "Book Your Sessions" in the top corner.
- 2. This will take you to our booking platform; LookedAfter. Click "Log in/Enrol".
- 3. Create your account.
- Check your inbox for a verification email to activate your account. (check junk folder if not found.)
- 5. Once you've logged in, enrol your children with the relevant details.
- Book your sessions by searching for your school with "Find My School".

## Scan the QR Code and book with VillageOSHC today!









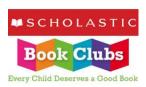




## **SCHOLASTIC**

Welcome back to another year of Scholastic books at Grovedale Primary. For those new to our school this year, Scholastic offers an easy way of purchasing wonderful books for your children at great prices, and at the same time supporting the school. We receive 15% of your orders back to purchase books for the library and classrooms.

A reminder that the school office takes no money for book club, all orders are processed online using the LOOP payment portal (instructions in the catalogue). Thanks again for your support.





## LOST PROPERTY—ALL ITEMS AT THE FRONT OFFICE

Please don't forget to name your child's school garments so we can return them when they leave them lying around the school.

PLEASE ENSURE ALL SCHOOL UNIFORM IS NAMED, SO THEY CAN BE RETURNED TO THE OWNER.



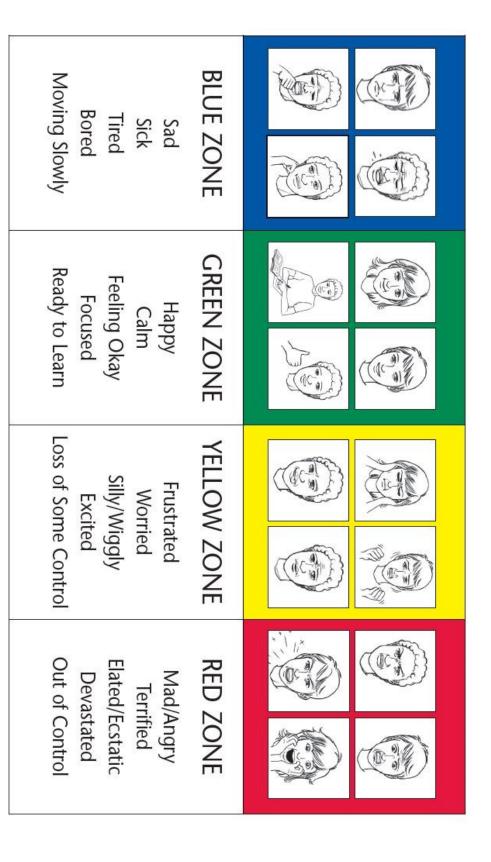






Book Today at VillageOSHC.com.au for Term 2!

# The **ZONES** of Regulation™



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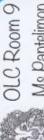
## Lunch

# Gardening

Veggie Patch Ms Marshall

## 





Ms Pantelimon

Mrs Carter

Mindful Colouring

Grade 3-6 Choir



Mrs Waldron



Renzow



Art Room



Art Room

Ms Woods

Sport & Games

Mr Blake & Mr Shiell

Multipurpose Room

# WED

Mrs Waldro

12W Room 5







Library Mrs Clarke



Grovedale



## TERM 2, 2024

All Regional Parenting Service programs along with MELI (formerly Barwon Child Youth & Family (BCYF) and Bethany), Family Relationship Centre, Drummond St Services and Barwon Southwest Region programs will be offered face to face or online. Bookings are essential. For details of dates, times and venues please see below.

## BRINGING UP GREAT KIDS The First 1000 Days

The first 1,000 days of life is a program for parents with children aged under 2 years and designed to nurture parents as they embark on their journey. It provides parents with knowledge about brain development and an understanding of how children grow and what they need. The centrality of family relationships and opportunities for parents to reflect on their own childhood and how to connect with their children are all explored.

## BRINGING UP GREAT KIDS

Bringing up Great Kids is a 6-week supportive program for parents of children aged 12 months to 9 years.

The program aims to:

- develop parents' skills to enhance communication with their children;
- promote positive interactions between parents and their child/ren;
- encourage the development of a child's positive selfidentity.

## CIRCLE OF SECURITY

Circle of Security is an 8-week supportive program for parents of children aged birth to 5 years.

The program aims to:

- help parents understand how to build feelings of security for children in their early years;
- assist parents with skills to build on the positive relationship with their child;
- develop confidence in parents to respond to their child in a way which builds a secure foundation for children.

## TUNING IN TO KIDS

Tuning in to kids is a 6-week supportive program for parents of children aged 4 to 10 years.

The program aims to:

- help parents teach and support their child/ren to understand and manage their emotions;
- support parents in encouraging children to express emotions appropriately;
- maximise children's social, behavioural and learning outcomes.

## BRINGING UP GREAT KIDS Parenting Adolescents

The program builds on maintaining positive relationships and interactions between parents and adolescents during the ages of 10 to 17 years.

This 6-week program will look at having a better understanding and being able to support your adolescent.

- Finding meaningful ways to stay connected with you adolescent:
- Understand that all behaviour and interaction have a meaning attached to it;
- Develop an increased understanding about the messages that they communicate to their adolescent through their behaviour, actions and attitudes:
- Develop skills to identify and manage their stress associated with parenting.







## **OUR KIDS - Parenting After Separation**

Our Kids is a 6-week course on parenting after separation and the impact of parental conflict on children. The course encourages parents to focus on the needs of their children and develop helpful communication strategies following separation. Courses run weekly for 6 weeks during school terms. Morning and evening sessions are available.

## THE DAD WORKSHOP

This 6-week program will focus on giving you the tools you need to create a better life for your entire family.

We will look at simple things you can do to improve:

- · your relationship with yourself;
- your relationship with your partner;
- · your relationship with your kids.

## FLOURISHING FAMILIES

A 5-week program for parents with children of all ages to discover how you can help your family to flourish.

Learn about

- · how you can promote resilience;
- · increase awareness of your family's strengths;
- · create and nurture positive family relationships;
- · give feedback to support individual growth.

## **BUBS TO TOTS**

Bubs to Tots brings mothers (up to 24 years) of children in the 1 to 2 year age group together for support and education.

## NO MORE SCAREDY CATS Reducing Anxiety and Building Resilience in

A 4-week program for parents of children 5 to 12 years to gain an understanding of the increasing levels of anxiety in a child and strategies to help manage the "traps and tripwires" with strengthening sayings, questioning strategies and mindful exercises.

## TUNING IN TO TEENS

Tuning in to teens is a 6-week supportive program for parents of teens aged 12 to 18 years.

The program aims to:

- support parents to connect and communicate with their teens:
- assist parents with understanding adolescent development;
- help parents to assist their teen to develop emotional intelligence;
- · remain empathetic and stay connected.

## LIVING WITH TEENS

A model for building strong, secure connections. Living with Teens is a 3-week program.

The program aims to cover:

- what parents need to be able to meet teen's needs;
- · what teens need from parents;
- · adolescent development.

## **BUMPS TO BUBS**

Bumps to Bubs brings young mothers and mothers-tobe (up to 23 years) with babies 0 to 1 year, together to support the journey of parenting.

## DADS TUNING INTO KIDS

Dads Tuning into Kids is a 6-week supportive program specifically for Dads of children aged 3 to 12 years.

The program aims to:

- help dads to effectively tune in to their child's emotions;
- encourage dads to strengthen their emotional connection with their child;
- support dads to build skills in emotion coaching to assist their child's individual needs.

## POSITIVE PARENTING PROGRAM

Available online via the Triple P website www.triplep-parenting.net.au/vic-uken/triple-p/

## STRENGHTENING FAMILY CONNECTIONS

Strengthening Family Connections is a free 8-week program for parents and their children aged 8 to 12 years. The program aims to build a positive family culture and strengthen family connections.

## STEPPING STONES

Stepping Stones is a 5-week program for families with a child who has a disability. The program aims to help parents use Positive Parenting to acquire new skills and knowledge. Skills are practiced and parents receive constructive feedback about their use of skills.







Parent Education Events Term 2, 2024

Program	Location / Venue	Days / Dates	Time	Bookings
Dad's Tuning in to Kids	Norlane Child & Family Centre, 52-56 Gerbera Ave, Norlane	Thursdays 2 May – 6 June	9.30am – 11.30am	
Bringing Up Great Kids - First 1000 Days	Meli 16 Ballarat Road, Hamlyn Heights	Tuesdays 30 Apr – 4 June	9.30am - 11.30am	Meli
Strengthening Family Connections	Lethbridge Primary School 2 Stephenson St, Lethbridge	Wednesdays 24 Apr – 12 June	4.00pm – 7.00pm	Meli, the new name for BCYF and Bethany
Bringing Up Great Kids	Armstrong Creek East Community Hub 46-70 Central Blvd, Armstrong Creek	Tuesdays 30 Apr – 4 June	12.30pm – 2.30pm	Ph: 5226 8900
Tuning in to Teens	Meli 16 Ballarat Road, Hamlyn Heights	Thursdays 2 May – 6 June	9.30am – 11.30am	
То ехрг	ess your interest for the following program:	s please contact ME	ш	
Baby Co	llege Bumps to Bubs	Bubs to To	ts	
Circle of Security (Abbreviated version)	Childrens Services Building	Wednesdays 24 Apr – 29 May	6.30pm – 8.30pm	CatholicCare VICTORIA To replacing industry to remains
Circle of Security (Abbreviated version)	Moyne Shire	Tuesdays 30 Apr – 4 June	5.30pm – 7.00pm	CatholicCare Victoria – Warrnambool www.catholiccarevic.org.au
Tuning in to Teens	Headspace Warrnambool	Fridays 19 Apr – 24 May	1.00pm - 3.00pm	Ph: 4344 4588 E: helen.diamond@catholiccarevic.org.au







## Parent Education Events

Term 2, 2024

Program	Location / Venue	Days / Dates	Time	Bookings	
Tuning in to Teens	Online via Zoom	Wednesdays 10 May – 14 June	7.00pm - 9.00pm	Parenting Manual by Control American State of Control American State o	
Tuning in to Kids	Online via Zoom	Thursdays 4 May – 8 June	7.00pm - 9.00pm		
Circle of Security	Virginia Todd Community Centre 9-15 Clarence St, Geelong West	Wednesdays 3 May – 21 June	7.00pm - 9.00pm	Regional Parenting Service	
Bringing Up Great Kids	Online via Zoom	Tuesdays 30 Apr – 4 June	7.00pm - 9.00pm	www.geelongaustralia.com.au/parenting	
No More Scaredy Cats	Online via Zoom	Thursdays 2 May – 31 May	7.00pm – 9.00pm	EXEMPE	
To express y	your interest for the following programs	please scan the QR co	ode		
Bringing Up Grea	t Kids - First 1000 Days Sto	epping Stones			
Flourishi	ing Families Th	e Dad Workshop			
Our Kids – Parenting after Separation	Online via Zoom Family Relationship Centre 7 Ryan Place, Geelong	Tuesdays 30 Apr – 4 June Thursdays 2 May – 6 June	Contact the Family Relationship Centre for times	Family Relationship Centre www.catholiccarevic.org.au Ph: 5246 5600	
Online parenting programs	Drummond St Services offer a range of online programs, please see their website for further details.	Various dates and times		Drummond Street  Drummond Street Services  ds.org.au/events/	





