http://sentral.grovedaleps.vic.edu.au/portal2/#!/login

Term 2 Week 2—24th April 2024

Email: grovedale.ps@education.vic.gov.au

### 'Our commitment to Child Safety'

Grovedale Primary School is committed to the safety and wellbeing of all children and young people. This will be the primary focus of our care and decisionmaking. Grovedale Primary School has zero tolerance for child abuse.

Grovedale Primary School is committed to providing a child safe environment where children and young people are safe and feel safe, and their voices are heard about decisions that affect their lives. Particular attention will be paid to the cultural safety of Aboriginal children and children from culturally and/or linguistically diverse backgrounds, as well as the safety of children with a disability. Every person involved in Grovedale Primary School has a responsibility to understand the important and specific role he/she plays individually and collectively to ensure that the wellbeing and safety of all children and young people is at the forefront of all they do and every decision they make.

Dear Families,

### 2025 Enrolments

It's already time to think about 2025 Foundation. There is a new process in place for families to put an Application to Enrol for 2025. The school can accept Applications from the start of term 2 until the 26<sup>th</sup> July. The school will provide letters of offer or non-acceptance between the dates of 29th July to the 9th August 2024.

If you have a child enrolling for 2025 and you would like to tour our school, please contact the office to make an appointment.

### TERM 2

Term Two has gotten off to a beautiful start with the large majority of our students settling back into school well. Our Year 5&6 students have been setting a fantastic example as the leaders of the school and have been consistently demonstrating our school values of Being Kind, Being Safe and Being Learners. This is a long and busy term that includes many exciting things and we are very proud of the way our students have begun.

### PRIMARY SCHOOL NURSING PROGRAM

Over the last two weeks our smallest students in the school have been lucky enough to spend some time with a visiting nurse. The Primary School Nursing Program is a free service offered by the Department of Education and Training (DET). It is available to all children attending government primary schools, English Language Centre Schools, Catholic and independent schools, in Victoria. It is part of a range of health and support services for school students and their families. The aim of the program is to promote child health and wellbeing and to assist in the early identification of children with potential health related difficulties.

### **ANZAC DAY**

Tomorrow is a very important day to a lot of Australians. ANZAC day is a day to remember who Australian's who swrve in Australia's Défense Force. On Wednesday 24 April our Year 6 school leaders Charlie, Jasmine and Imogen went to Balmoral Grove Retirement Living and Nursing Home. The aim of the visit, as in other years past, was talk to some senior Australians about the importance of ANZAC day. Unfortunately there was a lot of illness at Balmoral on Wednesday so our students didn't go into the venue but donates a lovely ANZAC wreath for them to use in the commemorative celebrations.

Continued on Page 2

### COMING EVENTS—also on Sentral Calendar

LUNCH ORE	LUNCH ORDERS—EACH TUES & FRI				
Order by 8a	am Tues and 8am for Friday				
APRIL 2024					
Wed 24th	Newsletter				
Thurs 25th	ANZAC DAY—PUBLIC HOLIDAY				
Fri 26th	Assembly				
Mon 29th	District Cross Country				
MAY 2024	MAY 2024				
Sun 5th	Working Bee				
6th—17th	Swimming Lessons Program				
Wed 8th	Newsletter				
Fri 10th	Walk to School Day				
Fri 10th	Mother's Day Stall				
Fri 10th	Assembly				
Sun 12th	MOTHER'S DAY				
Mon 13th	Parent & Friends Community Group meeting @ 2.30pm				
13th—17th	Education Week				
Wed 22nd	Newsletter				
Thurs 23rd	P-2 Gymnastics				
Fri 24th	Assembly				
Sun 26th	NATIONAL SORRY DAY				
27th-31st	Reconciliation Week				
Tue 28th	Foundation/Year 1—Dental Program visitation				
Thurs 30th	P-2 Gymnastics				
Fri 31st	Winter Lightning Premiership Gr 5/6				
JUNE 2024					
Wed 5th	Newsletter Published				
Thurs 6th	P-2 Gymnastics				
Fri 7th	Assembly				
Mon 10th	KING'S BIRTHDAY PUBLIC HOLIDAY				
Thurs 13th	P-2 Gymnastics				
Mon 17th	School Council Meeting				
Wed 19th	Newsletter published				
Thurs 20th	World Refugee Day				
Fri 21st	Gr 3-6 Athletics				
Fri 21st	Assembly				
Fri 28th	Prep—Year 2 Athletics				
Fri 28th	Last Day of Term—2.30pm finish				

### SWIMMING PROGRAM

Our whole school swimming program is due to begin on Monday 6 May. This program has been partially funded by the Victorian Government to help provide swimming instruction for a population where 87% of people live withing 50 km of the coast. Our swimming program will take place at Geelong Aquatic Centre in Newtown again this year. Please help your child to become independent in their dressing and undressing as well ensuring they pack all of their own belongings each morning and after their lessons. We really look forward to the active participation in the program.

### STUDENT ATTITUDE TO SCHOOL SURVEY

In the coming weeks all students in Years 4 to 12 throughout Victorian schools will participate in the Attitudes to School Survey. This survey is a way for schools to gather information about how students feel in regard to their school, their learning, their teachers, their peers and their safety. These surveys take approximately an hour to complete and students will do so during school.

### **SCHOOL ASSEMBLIES**

Thank you to those families who filled in our survey about our current fortnightly whole school assemblies. Due to our growth in students, we are finding it hard to fit into the Multipurpose Room for our fortnightly assemblies. We would love as many families as possible to attend these assemblies and to witness our celebrations of student work and achievement.

We proposed a few different options to our school community to help cater for our increasing number of families. The overwhelmingly preferred option was to split our school into two groups and have a Prep/Year1/Year 2 assembly one week, followed by a Year 306 assembly the next week. We are currently finialsing the plans of how this will work.

Our assembly this coming Friday 26 April WILL BE A FULL SCHOOL assembly and we will communicate future plans soon.

See you at assembly!

Graham Byworth

### **Parking Safety Reminder**

While there has been improvement in the speeds we are seeing from local traffic due to the Bailey St/Marshalltown Road intersection, we are still seeing considerable illegal and unsafe parking practices.

Please park only in legal parking bays, to allow the School Crossing Guard to have full visibility of the road in both directions.

Also, please do not park in NIDO's carpark if you are not collecting a child form the centre, this is not public parking and causes issues for families who are trying to pick up toddlers.

Please arrive earlier for collection if you need to be close to the gates, or park further away and walk up to the meeting point you have set up with your child.

As always, our aim is not inconvenience families, but to keep children safe, and your assistance in this is both necessary and deeply appreciated.

### **SWIMMING INFORMATION:**

Please, if possible, have your children wear their bathers under their uniforms in the morning.

Also, swimming caps are required so don't forget to get a swimming cap before the commencement of the program.





### MOBILE PHONES AT SCHOOL

A reminder that the Department of Education has in place a mobile phone ban that requires students who bring mobiles phones to school to have them switched off and securely put away during school hours.

The department is requiring all schools to ensure this ban is in place and enforced from the start of the 2024 school year.

The ban applies equally to all government schools right across the state.

This helps ensure that school is a learning environment free from unnecessary distractions and disruptions.

By ensuring mobile phones are kept away at recess and lunch times, students can interact with each other face-to-face, without the distractions and social pressures that mobile phones can cause.

I ask for the support of all our families, staff and students in continuing to support the implementation of this policy in our school.

**Exceptions:** For a small number of students with particular health needs, an exception to the policy may be granted. Please contact me if you would like to discuss this.

**Emergencies:** In the event of an emergency or if you need to immediately contact your child, I ask that families contact the school office who will pass on a message as required.

**School mobile phone policy**: A copy of our school's local mobile phone policy, which implements the government's mobile policy in line with our local context, is available here. (if you cannot get the link, it is on the school's website)

**Parent support:** The Mobile phones in schools webpage provides links to resources for families to help them balance their children's time using mobile phones.

If you have further questions, please contact the administration office.

Regards, Tina Barnett

### The Year 3 and 4 students have been learning how to measure objects using both informal and formal units.

























### Victorian Premiers' Reading Challenge

The Victorian Premiers' Reading Challenge is now open and Grovedale Primary School is excited to be participating. The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 6 September 2024.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit: <a href="https://www.vic.gov.au/premiers-reading-challenge">https://www.vic.gov.au/premiers-reading-challenge</a>

Each student will receive their individual code to log into the VPRC this week.





### Grovedale Primary School is a Sun Smart School.

Being outdoors in Victoria means we're exposed to some of the harshest and most dangerous levels of ultraviolet radiation (UV) in the world.

Please remember that your children will need their hats to be able to play outside without any cover.

Slip











Slide



Protect yourself in five ways from skin cancer

### **SCHOOL BEANIES**—

School beanies can be purchased. Forms have been sent via Sentral (check the Resource tab in the App)

and there are hard copies in the office. \$20—can be paid via EFT, Cash or BPay.

### **CAMPS, SPORTS & EXCURSIONS FUND (CSEF)**

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum. CSEF is provided by the Victorian Government to assist <u>eligible families</u> to cover the costs of school trips, camps and sporting activities.

\*\*If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

• \$150 for primary school students

## HOW TO APPLY for NEW STUDENTS (even if you are an existing family) or CHANGED FAMILY CIRCUMSTANCES

New applicants should contact the school office to obtain a CSEF application form or download from the website below. If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

If you are eligible, you only need to complete an application form if any of the following changes have occurred:

- new student enrolments: your child has started or changed to Grovedale PS this year.
- changed family circumstances: such as a change of custody, change of name, concession card number, or new siblings commencing this year (eg: This includes an existing family who has a **NEW** student starting at Grovedale Primary School)

Check with the school office if you are unsure if you have completed a CSEF form or if we have applied on your behalf due to the fact that you received the funding in 2023.

More information can be found at this link:

https://www2.education.vic.gov.au/pal/camps-sports-and-excursions-fund/guidance/submitting-application

STUDENT AWARDS	<u>i:</u>				
Florence B	FR	For taking on extra challenges in her learning and always trying her best!			
Aman A	FR	For having a growth mindset and always trying his best during learning!			
Jashan S	FP	For being a learner by always trying his best during learning time.			
Marlow H	FP	or being a learner by adding extra detail to her work each time.			
Gray W	FS	For completing her work to a high standard and adding detail to challenge herself.			
Jasper M-O	FS	For taking on extra challenges and always trying his best.			
Max B	12A	For the amazing level of effort you have put into maths this term. Superstar!			
Hamish K	12A	For showing amazing listening skills this term. Keep up the great work!			
Lyla O	12C	For demonstrating a growth mindset in your learning.			
Harper F	12C	For a positive change in your attitude towards school.			
Atti J	12T	For showing great improvement within tasks and always trying her best.			
Dasha M	12T	For putting a lot of thought into her learning goals and working to achieve them.			
Charlotte F	12W	For always giving activities a go! Your persistence to try your best has seen a great improvement in your writing stamina! Well done!			
Ava N-M	12W	For staying focused and on task in all areas of learning. You're an awesome learner!			
Lee P	34B	For participating in all learning tasks and giving them your best effort. Well done Lee!			
Mayla A	34B	For an excellent			
Brody L	34D	For being a learner.			
Chase R	34D	For being a learner.			
Tayla O	34F	For sharing lots of ideas in class discussion.			
Alfie N	34F	For trying new things with a smile.			
Lachlan K	34R	For your positive attitude towards learning.			
Imanjot B	34R	For always striving to be the best learner you can be.			
Sargun K	56B	for consistently showing enthusiasm towards her learning and always putting in 100% effort.			
Connor W	56B	for showing enthusiasm for his learning by sharing his ideas and knowledge with others.			
Sharla S	56M	For a great start to Term 2 being ready to learn, listening to instructions and trying her best.			
Aysha W	56M	For her improved efforts this year in staying focused, following instructions and doing her best.			
Gemma P	56N	For changing your mindset towards your learning and giving everything your best go.			
		Keep it up, Gemma!			
Kayleigh W	56N	For showing determination and focus on your classwork and always trying your best.			
Phoebe C	56W	For challenging herself to learn new maths concepts.			
Hayden C	56W	For always having a great attitude towards his learning.			
PRINCIPAL AWARD	<u>S:</u>				
Angelina B	56	For demonstrating an excellent attitude to learning in all areas.			
Arlo J	34	For the enthusiastic way you embrace all learning tasks. You are an excellent role model to others.			
Archie R	12	For always trying your best during learning time.			
Louis P-G	Prep	For showing he is listening carefully during learning time by answering and asking questions. Well done, Louis!			

# ACTIVE KIDS ARE HEALTHY KIDS



JOIN US FRIDAY 10 MAY 2024



Until they're ten, children must always hold an adult's hand when crossing the road

WALK.COM.AU



@nationalwalksafelytoschoolday





@natwalktoschool

#WSTSD



SUPPORTED BY THE AUSTRALIAN GOVERNMENT AND ALL STATE, TERRITORY AND LOCAL GOVERNMENTS



### **Bits and Pieces**



Book Today at VillageOSHC.com.au for Term 2!

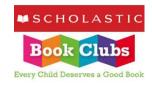


SENTRAL

### SCHOLASTIC

Welcome back to another year of Scholastic books at Grovedale Primary. For those new to our school this year, Scholastic offers an easy way of purchasing wonderful books for your children at great prices, and at the same time supporting the school. We receive 15% of your orders back to purchase books for the library and classrooms.

A reminder that the school office takes no money for book club, all orders are processed online using the LOOP payment portal (instructions in the catalogue). Thanks again for your support.



### LOST PROPERTY—ALL ITEMS AT THE FRONT **OFFICE**

Please don't forget to name your child's school garments so we can return them when they leave them lying around the school.

PLEASE ENSURE ALL SCHOOL **UNIFORM IS NAMED, SO THEY CAN BE RETURNED TO THE** OWNER.







### **Operating Days, Hours and Fees**

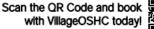
Before School Care | Mon-Fri 7:00 AM - 8:45 AM After School Care | Mon-Fri 3:15 PM - 6:00 PM

Before School Care	After School Care
Permanent Rate: \$19.95	Permanent Rate: \$25.95
Casual Rate: \$22.35	Casual Rate: \$29.85
Pay from \$1.99 after CCS	Pay from \$2.59 after CCS

Book 24 hours in advance to receive the permanant rate. Bookings made within 24 hours receive the casual rate. Cancel free of charge, 24 hours in advance

### How to Enrol (for free) and Book

- 1. Visit VillageOSHC.com.au and click "Book Your Sessions" in the top corner.
- This will take you to our booking platform; LookedAfter. Click \*Log in/Enrol\* Create your account.
- 4. Check your inbox for a verification email to activate your account. (check junk folder if not found.)
- S. Once you've logged in, enrol your children with the relevant details.
   Book your sessions by searching for your school with "Find My School".













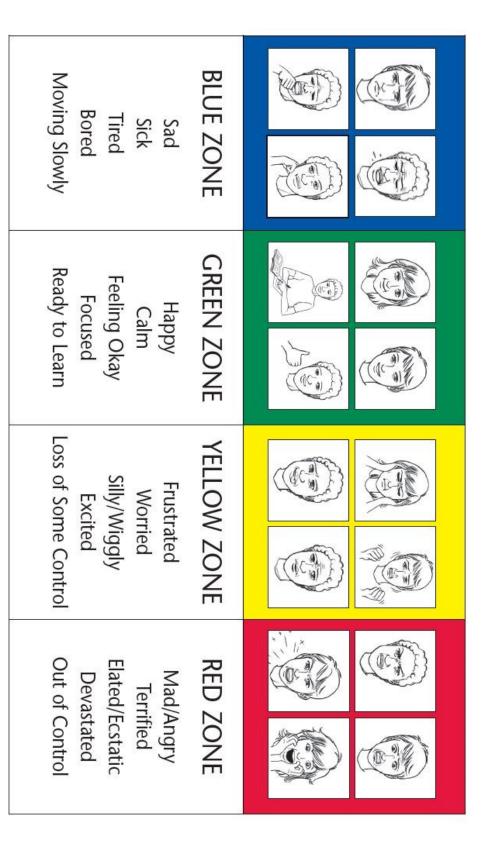




ABSENT

FROM

# The **ZONES** of Regulation™



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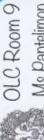
# Lunch

# Gardening

Veggie Patch Ms Marshall

# 





Ms Pantelimon

Mrs Carter

Mindful Colouring

Grade 3-6 Choir



Mrs Waldron



Renzow



Art Room



Art Room

Ms Woods

Sport & Games

Mr Blake & Mr Shiell

Multipurpose Room

# WED

Mrs Waldro

12W Room 5







Library Mrs Clarke



Grovedale



### TERM 2, 2024

All Regional Parenting Service programs along with MELI (formerly Barwon Child Youth & Family (BCYF) and Bethany), Family Relationship Centre, Drummond St Services and Barwon Southwest Region programs will be offered face to face or online. Bookings are essential. For details of dates, times and venues please see below.

### BRINGING UP GREAT KIDS The First 1000 Days

The first 1,000 days of life is a program for parents with children aged under 2 years and designed to nurture parents as they embark on their journey. It provides parents with knowledge about brain development and an understanding of how children grow and what they need. The centrality of family relationships and opportunities for parents to reflect on their own childhood and how to connect with their children are all explored.

### BRINGING UP GREAT KIDS

Bringing up Great Kids is a 6-week supportive program for parents of children aged 12 months to 9 years.

The program aims to:

- develop parents' skills to enhance communication with their children;
- promote positive interactions between parents and their child/ren;
- encourage the development of a child's positive selfidentity.

### CIRCLE OF SECURITY

Circle of Security is an 8-week supportive program for parents of children aged birth to 5 years.

The program aims to:

- help parents understand how to build feelings of security for children in their early years;
- assist parents with skills to build on the positive relationship with their child;
- develop confidence in parents to respond to their child in a way which builds a secure foundation for children.

### TUNING IN TO KIDS

Tuning in to kids is a 6-week supportive program for parents of children aged 4 to 10 years.

The program aims to:

- help parents teach and support their child/ren to understand and manage their emotions;
- support parents in encouraging children to express emotions appropriately;
- maximise children's social, behavioural and learning outcomes.

### BRINGING UP GREAT KIDS Parenting Adolescents

The program builds on maintaining positive relationships and interactions between parents and adolescents during the ages of 10 to 17 years.

This 6-week program will look at having a better understanding and being able to support your adolescent.

- Finding meaningful ways to stay connected with you adolescent:
- Understand that all behaviour and interaction have a meaning attached to it;
- Develop an increased understanding about the messages that they communicate to their adolescent through their behaviour, actions and attitudes:
- Develop skills to identify and manage their stress associated with parenting.







### **OUR KIDS - Parenting After Separation**

Our Kids is a 6-week course on parenting after separation and the impact of parental conflict on children. The course encourages parents to focus on the needs of their children and develop helpful communication strategies following separation. Courses run weekly for 6 weeks during school terms. Morning and evening sessions are available.

### THE DAD WORKSHOP

This 6-week program will focus on giving you the tools you need to create a better life for your entire family.

We will look at simple things you can do to improve:

- · your relationship with yourself;
- your relationship with your partner;
- · your relationship with your kids.

### FLOURISHING FAMILIES

A 5-week program for parents with children of all ages to discover how you can help your family to flourish.

Learn about

- · how you can promote resilience;
- · increase awareness of your family's strengths;
- · create and nurture positive family relationships;
- · give feedback to support individual growth.

### **BUBS TO TOTS**

Bubs to Tots brings mothers (up to 24 years) of children in the 1 to 2 year age group together for support and education.

### NO MORE SCAREDY CATS Reducing Anxiety and Building Resilience in

A 4-week program for parents of children 5 to 12 years to gain an understanding of the increasing levels of anxiety in a child and strategies to help manage the "traps and tripwires" with strengthening sayings, questioning strategies and mindful exercises.

### **TUNING IN TO TEENS**

Tuning in to teens is a 6-week supportive program for parents of teens aged 12 to 18 years.

The program aims to:

- support parents to connect and communicate with their teens:
- assist parents with understanding adolescent development;
- help parents to assist their teen to develop emotional intelligence;
- · remain empathetic and stay connected.

### LIVING WITH TEENS

A model for building strong, secure connections. Living with Teens is a 3-week program.

The program aims to cover:

- what parents need to be able to meet teen's needs;
- · what teens need from parents;
- · adolescent development.

### **BUMPS TO BUBS**

Bumps to Bubs brings young mothers and mothers-tobe (up to 23 years) with babies 0 to 1 year, together to support the journey of parenting.

### DADS TUNING INTO KIDS

Dads Tuning into Kids is a 6-week supportive program specifically for Dads of children aged 3 to 12 years.

The program aims to:

- help dads to effectively tune in to their child's emotions;
- encourage dads to strengthen their emotional connection with their child;
- support dads to build skills in emotion coaching to assist their child's individual needs.

### POSITIVE PARENTING PROGRAM

Available online via the Triple P website www.triplep-parenting.net.au/vic-uken/triple-p/

### STRENGHTENING FAMILY CONNECTIONS

Strengthening Family Connections is a free 8-week program for parents and their children aged 8 to 12 years. The program aims to build a positive family culture and strengthen family connections.

### STEPPING STONES

Stepping Stones is a 5-week program for families with a child who has a disability. The program aims to help parents use Positive Parenting to acquire new skills and knowledge. Skills are practiced and parents receive constructive feedback about their use of skills.







Parent Education Events Term 2, 2024

Program	Location / Venue	Days / Dates	Time	Bookings	
Dad's Tuning in to Kids	Norlane Child & Family Centre, 52-56 Gerbera Ave, Norlane	Thursdays 2 May – 6 June	9.30am – 11.30am		
Bringing Up Great Kids - First 1000 Days	Meli 16 Ballarat Road, Hamlyn Heights	Tuesdays 30 Apr – 4 June	9.30am - 11.30am	Meli	
Strengthening Family Connections	Lethbridge Primary School 2 Stephenson St, Lethbridge	Wednesdays 24 Apr – 12 June	4.00pm – 7.00pm	Meli, the new name for BCYF and Bethany  www.meli.org.au	
Bringing Up Great Kids	Armstrong Creek East Community Hub 46-70 Central Blvd, Armstrong Creek	Tuesdays 30 Apr – 4 June	12.30pm – 2.30pm	Ph: 5226 8900	
Tuning in to Teens	Meli 16 Ballarat Road, Hamlyn Heights	Thursdays 2 May – 6 June	9.30am – 11.30am		
То ехрг	ess your interest for the following program:	s please contact ME	ш		
Baby Co	llege Bumps to Bubs	Bubs to To	ts		
Circle of Security (Abbreviated version)	Childrens Services Building	Wednesdays 24 Apr – 29 May	6.30pm – 8.30pm	CatholicCare VICTORIA To replacing fundate or consulter	
Circle of Security (Abbreviated version)	Moyne Shire	Tuesdays 30 Apr – 4 June	5.30pm – 7.00pm	CatholicCare Victoria – Warrnambool www.catholiccarevic.org.au	
Tuning in to Teens	Headspace Warrnambool	Fridays 19 Apr – 24 May	1.00pm - 3.00pm	Ph: 4344 4588 E: helen.diamond@catholiccarevic.org.au	







### Parent Education Events

Term 2, 2024

Program	Location / Venue	Days / Dates	Time	Bookings
Tuning in to Teens	Online via Zoom	Wednesdays 10 May – 14 June	7.00pm - 9.00pm	Regional Parenting Service  www.geelongaustralia.com.au/parenting
Tuning in to Kids	Online via Zoom	Thursdays 4 May – 8 June	7.00pm - 9.00pm	
Circle of Security	Virginia Todd Community Centre 9-15 Clarence St, Geelong West	Wednesdays 3 May – 21 June	7.00pm - 9.00pm	
Bringing Up Great Kids	Online via Zoom	Tuesdays 30 Apr – 4 June	7.00pm - 9.00pm	
No More Scaredy Cats	Online via Zoom	Thursdays 2 May – 31 May	7.00pm – 9.00pm	EXEMPE
To express y	your interest for the following programs			
Bringing Up Grea	t Kids - First 1000 Days Sto			
Flourishing Families The Dad Workshop				
Our Kids – Parenting after Separation	Online via Zoom Family Relationship Centre 7 Ryan Place, Geelong	Tuesdays 30 Apr – 4 June Thursdays 2 May – 6 June	Contact the Family Relationship Centre for times	Family Relationship Centre www.catholiccarevic.org.au Ph: 5246 5600
Online parenting programs	Drummond St Services offer a range of online programs, please see their website for further details.	Various dates and times		Drummond Street  Drummond Street Services  ds.org.au/events/





