

Grovedale 3216 Tel: 5243 3902 Email: grovedale.ps@education.vic.gov.au

http://sentral.grovedaleps.vic.edu.au/portal2/#!/login

Term 4 Week 6—8th November 2023

'Our commitment to Child Safety'

Grovedale Primary School is committed to the safety and wellbeing of all children and young people. This will be the primary focus of our care and decision-making. Grovedale Primary School has zero tolerance for child abuse.

Grovedale Primary School is committed to providing a child safe environment where children and young people are safe and feel safe, and their voices are heard about decisions that affect their lives. Particular attention will be paid to the cultural safety of Aboriginal children and children from culturally and/or linguistically diverse backgrounds, as well as the safety of children with a disability. Every person involved in Grovedale Primary School has a responsibility to understand the important and specific role he/she plays individually and collectively to ensure that the wellbeing and safety of all children and young people is at the forefront of all they do and every decision they make.

Dear Families,

Amazing Working Bee – I was so impressed with our last Working Bee! Despite having a small group, those that came worked incredibly hard and we got every job on our list completed! THANK YOU!

Playground Upgrades – Keep and eye on the Junior playground. By the end of this term there will be new pieces of equipment installed, replacing some of the oldest pieces. We have expended all of the fundraising from the Twilight Fair, all activities since, and we have added to this from the wider school budget. Over time, we will continue to upgrade and replace pieces so that the equipment is safe, modern and most important of all, fun! Thank you to everyone who has organised a fundraiser, supported us, or donated. It will be wonderful to see children using new equipment!

Common PPD – On the **13**th **of November**, the teachers will be working on report development. This is a **student free day**. OSHC is available, although it may be full by now. We are waiting on approval to increase the number of students able to access this service but this is yet to be granted.

Splatacular — On December 1st we are having our Splatacular! Fundraising closes on the 17th of Nov, so make sure you get that sorted in time if you have your eye on a specific prize. The Grovedale Parents and Friends Group is planning some great activities to enjoy on the day. More will be published about this shortly so watch this space! This one is a combination of a colour run, with the added joy (!) of slime. Children will need an old white shirt, old pants and shoes to participate in. Children won't be returning to classrooms afterwards, so we recommend bringing a blanket for the car seat, it's going to be messy!

Have the most wonderful weekend.

Tina

cor	COMING EVENTS—also on Sentral Calendar				
LUNCH ORDERS—EACH TUES & FRI (Fri start Term 4)					
Order by 8	Order by 8pm Mon for Tues and 8pm Thurs for Friday				
NOV 2023					
7th/8th/9th	3/4 cohort BIKE ED				
Wed 8th	Newsletter Published				
Fri 10th	Assembly starting at 2.50pm (Week 6)				
Mon 13th	Student Free Day— Professional Practice Day for teachers				
14th/15th/16th	3/4 cohort BIKE ED				
Wed 15th	Transition Day No: 1				
Wed 15th	Newsletter Published				
Fri 17th	Last day to fundraise for SPLATACULAR				
21st/22nd/23rd	3/4 cohort BIKE ED				
Thurs 23rd	Parent Club Meeting 5.30pm				
Fri 24th	Year 4 only—BIG BIKE RIDE				
Fri 24th	Assembly starting at 2.50pm (Week 8)				
Thurs 30th	Transition Day No: 2				
DEC 2023					
Fri 1st	Colour Splatacular				
Mon 4th	Wide Smiles Dental Visit (P-1)				
Mon 4th	School Council Meeting (final meeting for 2023)				
Wed 6th	Newsletter Published				
Fri 8th	Assembly starting at 2.50pm (Week 10)				
Fri 8th	Foundation & Year 1 BBQ after school Year 2—SLEEPOVER (including BBQ)				
Sat 9th	Working Bee (if required)				
Tues 12th	STATEWIDE Transition Day (GPS No: 3)				
Wed 13th	Year 6 Graduation Day				
Fri 15th	5/6 Adventure Park Excursion				
Fri 15th	Reports Published				
Wed 20th	Wed 20th LAST DAY TERM 4—1.30PM FINISH				

Early Departure for last Day of Term

Wed 20th Dec at 1.30pm



Thank you so much for supporting our school to be the best it can be, especially through fundraising. Later this term, our junior playground is being updated and the fundraising from the Colour Splatacular School Fun Run will go towards this project.

The Colour Splatacular School Fun Run will be on Friday 1st December 2023 2pm from to 3pm.

- Please make sure students wear a WHITE shirt and closed in shoes.
- Students will be given free sunglasses and a rainbow headband for the event.
- Students will be covered in non-toxic, biodegradable colour powder from head to toe.
- Students will also be covered in non-toxic water-based slime as well!
- Colour Powder is made of high-quality corn starch and permitted food colours. Safety data sheet is available upon request for Colour and Slime.

How Do We Fundraise?

Fundraising for our Colour Splatacular School Fun Run is entirely online. Follow the instructions in your child's sponsorship booklet to create a cybersafe, online profile page at www.australianfundraising.com.au. At the end of our fundraiser students can order up to a total of 5 prizes based on their donations received. They can even mix and match!

Please note: all cash donations must be converted to online donations before Friday 17th November 2023. ALL fundraising closes at the end of day 17th November 2023. We cannot accept any cash donations for this fundraiser.

Extra Incentives to Fundraise!

- Online Golden Coins complete fun online tasks to redeem an extra \$75 towards your prize credit.
- Monty the Monstar's Bonus Prizes achieve milestones to unlock Monty's bonus prizes.
- \$10,000 JB HI FI Spending Spree for one organisation's highest fundraising student it could be you!
- Our school will win an extra \$5,000 if we have the highest average fundraised amount per student in 2023.
- A Play Station 5 Gaming Bundle see your child's sponsorship booklet for more!

Further information about how the day will be run will be communicated via SENTRAL..

Grovedale Primary School Parents Community Group



Health Update for our GPS community

Good afternoon GPS families

This is a timely reminder to be vigilant with cold/flu symptoms.

Whilst school attendance is critically important, this does not include unwell children.

To minimise the spread of sickness in our school please do not send your child to school if they have any cold/flu symptoms.

Department of Education & Training – Management of Covid-19 in schools

It is recommended that staff members, students or visitors who have symptoms of cold, influenza or COVID-19 undergo testing for COVID-19.

Parents of symptomatic students will be asked to collect their child from school and keep them home until they are no longer symptomatic.

Students should not attend school until their symptoms resolve.

Most people are still infectious after 5 days and you should stay home if you are still experiencing symptoms like a runny nose, sore throat, cough, shortness of breath, fever, chills, or sweats.

A negative RAT result is a helpful tool to determine whether you are still infectious. If you're unsure about ending your isolation, you should contact a GP or a GP Respiratory Clinic.

At school we will continue to use strong hygiene measures including sanitising, handwashing, air filters, open doors and supporting those students who wish to wear a mask.

SAFE TO SCHOOL-

Keeping our children safe

FOR THE SAFETY OF YOUR CHILDREN AND ALL PEDESTRIANS AT THE FRONT OF THE SCHOOL, PLEASE DO NOT LET YOUR CHILDREN OUT OF THE CAR ON THE ROAD SIDE. PLEASE MAKE SURE THEY GET OUT ON THE KERB. ALSO PARKING WITHIN THE FLAG AREA IS ILLEGAL AND FINES WILL BE GIVEN IF YOU ARE FOUND IN THESE AREAS.



Tom's Marketplace

Tom's Marketplace donated fruit to our school. If your family can support his business you will find Tom at:

Shop 12/40 Main St, ARMSTRONG CREEK.





DID YOU KNOW TO KEEP YOUR IGA DOCKETS FOR OUR SCHOOL FUNDRAISER????

IGA GROVEDALE EAST—Dockets
Marshalltown Road.



Remember if you shop at IGA in Marshalltown Road, to bring your IGA dockets in regularly—there is a box in the office to place them into.

We must have all dockets for the month in by the 15th of the following month.

Example: Please send all of your November dockets in by the 14th of December. We have to have them to IGA on the 15th of each month. Keep collecting!

A huge Thank You to IGA for your ongoing support and sponsorship of the school. Thank You IGA!!

STUDENT AWARDS	<u>:</u>			
Noah C	FC	For being kind to others by using your manners.		
Arlo S	FC	For being kind to our environment by picking up rubbish.		
Donte T	FS	For enthusiastically cleaning up outside our classroom and for taking care to water our trees responsibly.		
Xavier G	FS	For giving others space when they need it and being kind and responsible, by moving away.		
Flynn H	12A	For the working hard on showing our value of 'Be a Learner' through gaining ticks on your learning chart.		
Ashton K-W	12A	For setting an amazing example to your class on how to transition between lessons.		
Jameson S	12B	For enthusiastically helping his peers in maths activities.		
Anaya A	12R	For being kind and considerate to her classmates and teachers.		
Archer P	12R	For showing kindness and being respectful in the classroom.		
Pippa M	12T	For helping others and showing encouragement when others do well.		
Jackson F	12T	For being inclusive and kind to his peers.		
Shaia B	34L	For encouraging and including everyone in the class.		
Zaiden K	34L	For noticing when others need help.		
Ari F	34P	For being an inclusive classmate during group takes.		
Jemma C	34P	For always offering help to peers.		
Zane Y	34R	For always treating other people with kindness and respect.		
Tayer K	34R	For always using kind words towards others.		
Angelina B	56C	For always using kind words and manners.		
Sargun K	56C	For showing kindness by always taking turns and waiting patiently.		
Kiani S	56C	For helping others in class and always using her manners.		
Shivani G	56M	For her calm and quiet presence in our classroom and for always showing kindness towards others.		
Lily P	56M	For always showing kindness towards peers and her dedication to looking after school /class pets.		
Ned S	56M	For his enthusiasm towards improving the school environment and working hard in our garden.		
Mikayla D	56W	For always using kind words and her manners.		
Elsie-May J	56W	For being inclusive of everyone and complimenting others when they do well.		
PRINCIPAL AWARD	<u>S:</u>			
Izzy D	56	For being kind and inclusive of everyone she interacts with. Her positive approach to learning and other people is infectious!		
Abigail B	34	For always being an empathetic and considerate classmate by helping others and using kind words.		
Harvey B	12	For always considering the feelings of others and including them in games and activities.		
Courtney B	Prep	For always being respectful with our class equipment and putting things back where they be long.		





Need ideas for Christmas Presents?

Every order placed via the QR code or ordering online directly deposits 20% into your school's fundraising account.







Thank you to all our wonderful families

and students who volunteered their time to help at the Working Bee on Saturday 28th October





How to Enrol (for free) and Book

VillageOSHC is a new provider at the school. Therefore, you must enrol your child at VillageOSHC in order to book into Before or After School Care. To enrol, visit willageOSHC.com.au and click Book Now. You will be directed to our booking platform, willageoshc.lookedafter.com. Click Login/Enrol in the top right corner and follow the prompts. After you've enrolled your child, you can book your sessions.

Operating Days, Hours and Fees

Before School Care	After School Care
Monday - Friday	Monday - Friday
7:00am - 8:45am	3:15pm - 6:00pm
Session Fee: \$19.95	Session Fee: \$25.95

Book 24 hours in advance to receive the permanant rate. Bookings made within 24 hours receive the casual rate. Cancel free of charge, 24 hours in advance.

Enrol and book today for the start of Term 4!

LOST PROPERTY—ALL ITEMS AT THE FRONT OFFICE

Please don't forget to name your child's school garments so we can return them when they leave them lying around the school.

PLEASE ENSURE ALL SCHOOL
UNIFORM IS NAMED, SO THEY
CAN BE RETURNED TO THE
OWNER.







HATS

We are a SunSmart school. Hats need to be worn from September to the end of April 2024.

Please make sure your child is wearing a wide brimmed hat from this date, otherwise they will only be able to play in areas of shade.

Bellarine Uniforms will have more sizes if you prefer to have a logo on the hat or try Kmart or Best n Less.

PLEASE ENSURE THE HAT IS NAMED SO WE CAN RE-TURN IT WHEN IT IS LOST IN THE YARD.





Join us at the Uniting book sale.

Nothing over \$1 Join us at our monthly book sale.

Held the first Friday and Saturday of each month at Uniting Grovedale, the Uniting book sale raises much needed funds for local Friday 3rd
November
and
Saturday 4th
November
10am - 2pm

272 Torquay Rd, Grovedale
(Corner Reserve and Torquay Roads)

WORKING BEE DATES:

Please consider helping us to keep our school clean and tidy.

Working Bee

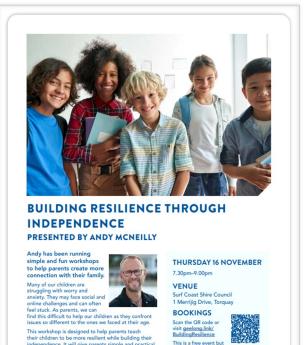
9am—12pm

Calling all parents and care givers! We're seeking helping hands to spruce up our

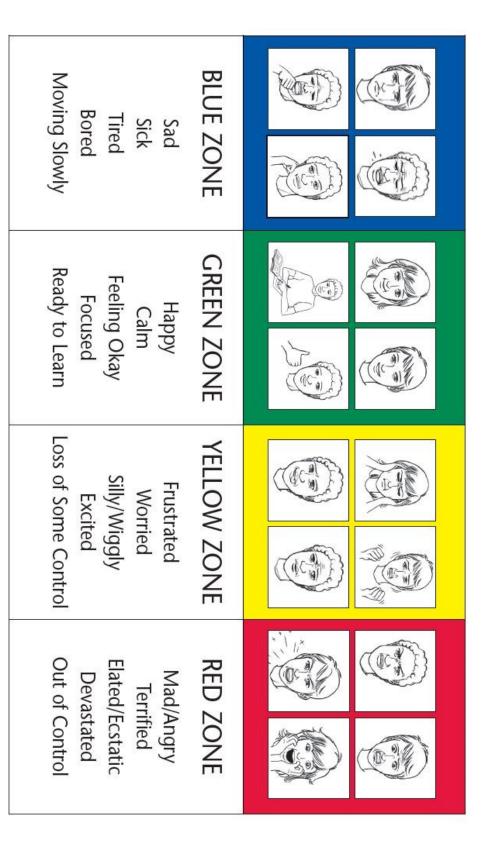
site, tidying gardens, clearing drains, installing garden edging – all sorts of activities. No experience needed!

Every contribution helps to improve our school grounds.

December 9th



The **ZONES** of Regulation™



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PARENT EDUCATION EVENTS GEELONG and BARWON SOUTHWEST REGION

TERM 4, 2023

All Regional Parenting Service programs along with MELI (formerly Barwon Child Youth & Family (BCYF) and Bethany), Family Relationship Centre, Drummond St Services and Barwon Southwest Region programs will be offered face to face or online. Bookings are essential. For details of dates, times and venues please see below.

FEATURE FORUM

BUILDING RESILIENCE THROUGH INDEPENDENCE

Thursday 16 November 7.30pm – 9.00pm Surf Coast Shire Council, 1 Merrijig Drive, Torquay



Scan the QR code or visit Eventbrite for tickets.

Presented by Andy McNeilly

Many of our children are struggling with worry and anxiety.

They may face social and online challenges and can often feel stuck. As parents, we can find this difficult to help our children, as they confront issues so different to the ones we faced at a similar age.

We want to help our adolescents to build their resilience, so when they encounter new challenges, they can tackle them with more confidence. This workshop is designed to help parents teach their children to be more resilient while building their independence. It will give parents simple and practical ideas to help their children, while developing strong, loving, and connected relationships.

BRINGING UP GREAT KIDS The First 1000 Days

The first 1,000 days of life is a program for parents with children aged under 2 years and designed to nurture parents as they embark on their journey. It provides parents with knowledge about brain development and an understanding of how children grow and what they need. The centrality of family relationships and opportunities for parents to reflect on their own childhood and how to connect with their children are all explored.

BRINGING UP GREAT KIDS

Bringing up Great Kids is a 6-week supportive program for parents of children aged 12 months to 9 years.

The program aims to:

- develop parents' skills to enhance communication with their children:
- promote positive interactions between parents and their child/ren:
- encourage the development of a child's positive selfidentity.

CIRCLE OF SECURITY

Circle of Security is an 8-week supportive program for parents of children aged birth to 5 years.

The program aims to:

- help parents understand how to build feelings of security for children in their early years;
- assist parents with skills to build on the positive relationship with their child;
- develop confidence in parents to respond to their child in a way which builds a secure foundation for children.

TUNING IN TO KIDS

Tuning in to kids is a 6-week supportive program for parents of children aged 4 to 10 years.

The program aims to:

- help parents teach and support their child/ren to understand and manage their emotions;
- support parents in encouraging children to express emotions appropriately;
- maximise children's social, behavioural and learning outcomes.







BRINGING UP GREAT KIDS Parenting Adolescents

The program builds on maintaining positive relationships and interactions between parents and adolescents during the ages of 10 to 17 years.

This 6-week program will look at having a better understanding and being able to support your adolescent.

- Finding meaningful ways to stay connected with you adolescent:
- Understand that all behaviour and interaction have a meaning attached to it;
- Develop an increased understanding about the messages that they communicate to their adolescent through their behaviour, actions and attitudes:
- Develop skills to identify and manage their stress associated with parenting.

STEPPING STONES

Stepping Stones is a 5-week program for families with a child who has a disability. The program aims to help parents use Positive Parenting to acquire new skills and knowledge. Skills are practiced and parents receive constructive feedback about their use of skills.

OUR KIDS - Parenting After Separation

Our Kids is a 6-week course on parenting after separation and the impact of parental conflict on children. The course encourages parents to focus on the needs of their children and develop helpful communication strategies following separation. Courses run weekly for 6 weeks during school terms. Morning and evening sessions are available.

THE DAD WORKSHOP

This 6-week program will focus on giving you the tools you need to create a better life for your entire family.

We will look at simple things you can do to improve:

- your relationship with yourself;
- your relationship with your partner;
- your relationship with your kids.

FLOURISHING FAMILIES

A 5-week program for parents with children of all ages to discover how you can help your family to flourish.

Learn about:

- · how you can promote resilience;
- · increase awareness of your family's strengths;
- create and nurture positive family relationships;
- give feedback to support individual growth.

BUBS TO TOTS

Bubs to Tots brings mothers (up to 24 years) of children in the 1 to 2 year age group together for support and education.

NO MORE SCAREDY CATS Reducing Anxiety and Building Resilience in

A 4-week program for parents of children 5 to 12 years to gain an understanding of the increasing levels of anxiety in a child and strategies to help manage the "traps and tripwires" with strengthening sayings, questioning strategies and mindful exercises.

TUNING IN TO TEENS

Tuning in to teens is a 6-week supportive program for parents of teens aged 12 to 18 years.

The program aims to:

- support parents to connect and communicate with their teens;
- assist parents with understanding adolescent development;
- help parents to assist their teen to develop emotional intelligence;
- remain empathetic and stay connected.

LIVING WITH TEENS

A model for building strong, secure connections. Living with Teens is a 3-week program.

The program aims to cover:

- what parents need to be able to meet teen's needs:
- what teens need from parents;
- adolescent development.

BUMPS TO BUBS

Bumps to Bubs brings young mothers and mothers-tobe (up to 23 years) with babies 0 to 1 year, together to support the journey of parenting.

DADS TUNING INTO KIDS

Dads Tuning into Kids is a 6-week supportive program specifically for Dads of children aged 3 to 12 years.

The program aims to:

- help dads to effectively tune in to their child's emotions;
- encourage dads to strengthen their emotional connection with their child;
- support dads to build skills in emotion coaching to assist their child's individual needs.

POSITIVE PARENTING PROGRAM

Available online via the Triple P website

www.triplep-parenting.net.au/vic-uken/triple-p/

STRENGHTENING FAMILY CONNECTIONS

Strengthening Family Connections is a free 8-week program for parents and their children aged 8 to 12 years. The program aims to build a positive family culture and strengthen family connections.







Parent Education Events Term 4, 2023

Program	Location / Venue	Days / Dates	Time	Bookings	
Tuning in to Teens	Online via Zoom	Thursdays 12 Oct – 16 Nov	7.00pm - 9.00pm	Agent Northing Street Street Contents Street C	
Tuning in to Kids	Online via Zoom	Wednesdays 25 Oct – 6 Dec	7.00pm - 9.00pm	Regional Parenting Service www.geelongaustralia.com.au/parenting Ph: 5272 4741	
Circle of Security	Virginia Todd Community Centre 9-15 Clarence St, Geelong West	Mondays 9 Oct – 4 Dec	7.00pm - 9.00pm		
Bringing up Great Kids - Adolescents	Kurambee Myaring Community Centre,12 Merrijig Drive Torquay VIC 3228	Tuesdays 14 Nov – 19 Dec	7.00pm - 9.00pm		
Bringing Up Great Kids	Virginia Todd Community Centre 9-15 Clarence St, Geelong West	Thursdays 19 Oct – 23 Nov	7.00pm - 9.00pm		
To express yo	To express your interest for the following programs please scan the QR code				
The Dad Workshop	Oad Workshop Stepping Stones Flourishing Families				
BUGK First 1000 Days	No More Scaredy Cats				
Our Kids – Parenting after Separation	Family Relationship Centre 7 Ryan Place, Geelong	Tuesdays 10 Oct – 21 Nov Thursdays 12 Oct – 16 Nov	6.00pm – 8.00pm	Family Relationship Centre www.catholiccarevic.org.au Ph: 5246 5600	
Online parenting programs	Drummond St Services offer a range of online programs, please see their website for further details.	Various dates and times		Drummond Street Bruncos Drummond Street Services ds.org.au/events/	

Parent Education Events

Term 4, 2023

GEELONG

Program	Location / Venue	Days / Dates	Time	Bookings				
Tuning in to Kids	Meli 222 Malop Street, Geelong, VIC 3220	Thursdays 19 Oct- 23 Nov	10.30am - 12.30pm					
Circle of Security	Meli 222 Malop Street, Geelong, VIC 3220	Tuesday 17 Oct – 21 Nov	9.30am - 11.30am	Meli				
Strengthening Family Connections	Torquay College 45-55 Grossman's Rd Torquay VIC 3228	Wednesday 11 Oct – 29 Nov	2.00pm - 5.00pm	Meli, the new name for BCYF and Bethany www.bcyf.org.au				
Bringing Up Great Kids – Parenting Adolescents	Bannockburn Cultural Centre – Barwon Room, 27 High St, Bannockburn VIC 3331	Tuesday 17 Oct– 21 Nov	5.30pm – 7.30pm	Ph: 5226 8900				
Tuning in to Teens	Kurrambee Myaring Community Centre, 12 Merrijig Drive, Torquay VIC 3228	Thursdays 19 Oct– 23 Nov	12.30pm - 2.30pm					
To express								
Baby College	Bumps to Bubs	Bubs to Tots						
Circle of Security	Children's Services Centre 550-600 Raglan Pde, Warrnambool	Wednesdays 26 July – 30 Aug	6.30pm – 8.00pm	CatholicCare VICTORIA Virigilizary landar 3 variandes CatholicCare Victoria – Warrnambool www.catholiccarevic.org.au Ph: 4344 4588 E: helen.diamond@catholiccarevic.org.au				
Circle of Security	Moyne Shire - Location TBC	Thursdays 12 Oct –16 Nov	5.00pm – 7.00pm					
Tuning in to Teens	City of Warrnambool & Headspace	Thursdays 23 Nov – 7 Dec	Time TBA					
Living with Teens	Online via Zoom	Thursdays 23 Nov – 7 Dec	Time TBA					





