



Grovedale News

143 Bailey St Grovedale 3216

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Email: grovedale.ps@education.vic.gov.au

<http://sentral.grovedaleps.vic.edu.au/portal2/#!/login>

Term 4 Week 4—24th October 2023

'Our commitment to Child Safety'

Grovedale Primary School is committed to the safety and wellbeing of all children and young people. This will be the primary focus of our care and decision-making. Grovedale Primary School has zero tolerance for child abuse.

Grovedale Primary School is committed to providing a child safe environment where children and young people are safe and feel safe, and their voices are heard about decisions that affect their lives. Particular attention will be paid to the cultural safety of Aboriginal children and children from culturally and/or linguistically diverse backgrounds, as well as the safety of children with a disability. Every person involved in Grovedale Primary School has a responsibility to understand the important and specific role he/she plays individually and collectively to ensure that the wellbeing and safety of all children and young people is at the forefront of all they do and every decision they make.

Dear Families,

Thank you - An enormous thank you to our Parents and Friend Community Group for running the BBQ on the Referendum date. We made approximately \$500 which will go towards the new Junior Playground equipment coming soon!

Health – Please be aware that Covid is prevalent again. We continue to use increased hygiene precautions including air filtration, sanitizing, distancing where possible and increased airflow. Students and staff are welcome to wear masks.

If your child is showing symptoms they should stay home so that we can minimise the spread and keep the rest of the students healthy and learning. Students presenting at sick bay with symptoms will be sent home.

2024 Changes – If you are planning to leave the school at the end of this year (other than year 6s) please notify the office immediately, as this can impact decisions around classes and structures.

If you are aware of a friend or family member hoping to enrol with us, please encourage them to contact us immediately for the same reason. The more accurate our planning information is, the more we can work towards the best possible learning environment for each child next year.

Bike Ed – The program is coming up so please make the time now to check that your child has a compliant helmet and their bike is in good working order. If this is an issue, please let us know as soon as possible, so that we can provide assistance.

Geelong Cup Public Holiday- Just a reminder that the school is closed tomorrow due to the Public Holiday.

Working Bee – There is a working bee on Saturday 28th October from 9-12, and we would love to see any new and previous families coming along to join us in tidying up the school. We have been doing a lot of work around the grounds and we are excited with the way it is beginning to look. The more hands we have, the more quickly we can complete the jobs. As always, any amount of time you can spare will be appreciated!

Continued on Page 2 

COMING EVENTS—also on Sentral Calendar

LUNCH ORDERS—EACH TUES & FRI (Fri start Term 4)

Order by 8pm Mon for Tues and 8pm Thurs for Friday

OCT 2023

Wed 25th	Geelong Cup Public Holiday
Fri 27th	Year 5 students—fitting for Year 6 –2024 uniform—you must register their name at the office
Fri 27th	WORLD TEACHER'S DAY
Fri 27th	Assembly starting at 2.50pm (Week 4)
Sat 28th	Working Bee—9am to 12pm

NOV 2023

Mon 6th	School Council Meeting
7th/8th/9th	3/4 cohort BIKE ED
Wed 8th	Newsletter Published
Fri 10th	Assembly starting at 2.50pm (Week 6)
Mon 13th	Student Free Day— Professional Practice Day for teachers
14th/15th/16th	3/4 cohort BIKE ED
Wed 15th	Transition Day No: 1
Wed 15th	Newsletter Published
Fri 17th	Last day to fundraise for SPLATACULAR
21st/22nd/23rd	3/4 cohort BIKE ED
Thurs 23rd	Parent Club Meeting 5.30pm
Fri 24th	Year 4 only—BIG BIKE RIDE
Fri 24th	Assembly starting at 2.50pm (Week 8)
Thurs 30th	Transition Day No: 2

DEC 2023

Fri 1st	Colour Splatacular
Mon 4th	Wide Smiles Dental Visit (P-1)
Mon 4th	School Council Meeting (final meeting for 2023)
Wed 6th	Newsletter Published
Fri 8th	Assembly starting at 2.50pm (Week 10)
Fri 8th	Foundation & Year 1 BBQ after school Year 2—SLEEPOVER (including BBQ)
Sat 9th	Working Bee (if required)
Tues 12th	STATEWIDE Transition Day (GPS No: 3)
Wed 13th	Year 6 Graduation Day
Fri 15th	5/6 Adventure Park Excursion
Fri 15th	Reports Published
Wed 20th	LAST DAY TERM 4—1.30PM FINISH



Principal News continued.....

Common PPD – On the **13th of November**, the teachers will be working on report development. This is a **student free day**. Please book your place in OSHC early to avoid missing out. Our provider has applied to increase the capacity of our OSHC program, as it is booked out on occasion now. I will let you know if and when this application is approved. In the meantime, book early if you are a working family.

Placement Requests – This term we spend a great deal of time planning for 2024 classes, structures and curriculum that will give each child the highest chance of success. We do not finalise many of the decisions until later in the term, as many elements evolve over the next 10 weeks. During this time we test different models and groupings.

We consider a balance of ability, gender, special needs, social dynamics, siblings, class size, location, child's previous placement, and teacher recommendations, for example.

Parents and carers can inform me of any special circumstances they believe need to be considered when placing their child in a class. This must be submitted in writing by Friday the 27th of October, 2023. Late requests will not be considered.

Correspondence that will be accepted for consideration may include factors such as: Issues relating to learning disabilities or difficulties, medical need or physical impairment, emotional issues which **dramatically** impact the learning environment, placement of multiples, defacto/step siblings in the same year level.

Correspondence based on the following will not be considered:

- Requesting or not requesting a teacher by name
- Requesting a teacher of a particular gender
- Requesting that two students be placed in the same class unless there is a documented, valid need for special consideration.

Thank you for considering these factors before you submit a request. This allows us to prioritise the most critical needs.

Have the most wonderful weekend.

Tina



SAFE TO SCHOOL—

Keeping our children safe

FOR THE SAFETY OF YOUR CHILDREN AND ALL PEDESTRIANS AT THE FRONT OF THE SCHOOL, PLEASE DO NOT LET YOUR CHILDREN OUT OF THE CAR ON THE ROAD SIDE. PLEASE MAKE SURE THEY GET OUT ON THE KERB. ALSO PARKING WITHIN THE FLAG AREA IS ILLEGAL AND FINES WILL BE GIVEN IF YOU ARE FOUND IN THESE AREAS.



Safety is a high priority at our school. Please ensure you are continuing to model safety when driving around the school, particularly at pick up and drop off.

Touching your mobile phone whilst driving can result in a loss of points and significant fines! The reason for this is the danger posed to other road users (in our case this includes young children crossing the road) when drivers are distracted. For more information on phone safety while driving click on the link: <https://www.vicroads.vic.gov.au/safety-and-road-rules/driver-safety/mobile-phones-and-driving>



Health Update for our GPS community

Good afternoon GPS families

This is a timely reminder to be vigilant with cold/flu symptoms.

Whilst school attendance is critically important, this does not include unwell children.

To minimise the spread of sickness in our school please do not send your child to school if they have any cold/flu symptoms.

[Department of Education & Training – Management of Covid-19 in schools](#)

It is recommended that staff members, students or visitors who have symptoms of cold, influenza or COVID-19 undergo testing for COVID-19.

Parents of symptomatic students will be asked to collect their child from school and keep them home until they are no longer symptomatic.

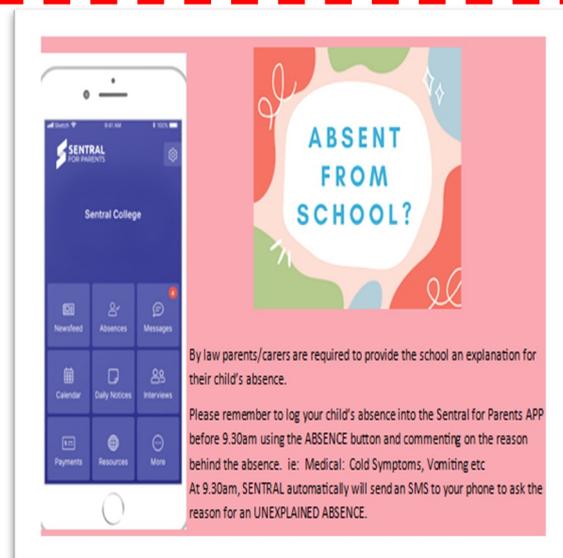
Students should not attend school until their symptoms resolve.

Most people are still infectious after 5 days and you should stay home if you are still experiencing symptoms like a runny nose, sore throat, cough, shortness of breath, fever, chills, or sweats.

A negative RAT result is a helpful tool to determine whether you are still infectious. If you're unsure about ending your isolation, you should contact a GP or a GP Respiratory Clinic.

At school we will continue to use strong hygiene measures including sanitising, handwashing, air filters, open doors and supporting those students who wish to wear a mask.

Thank you to all our wonderful families who volunteered their time to help the Parents Group at the “voice” referendum BBQ



DID YOU KNOW TO KEEP YOUR IGA DOCKETS FOR OUR SCHOOL FUNDRAISER????

IGA GROVEDALE EAST—Dockets
Marshalltown Road.



Remember if you shop at IGA in Marshalltown Road, to bring your IGA dockets in regularly—there is a box in the office to place them into. We must have all dockets for the month in by the 15th of the following month.

Example: Please send all of your October dockets in by the 14th of November. We have to have them to IGA on the 15th of each month. Keep collecting!

A huge Thank You to IGA for your ongoing support and sponsorship of the school. Thank You IGA!!

[Tom's Marketplace](#)

Tom's Marketplace donated fruit to our school. If your family can support his business you will find Tom at:

Shop 12/40 Main St, ARMSTRONG CREEK.



STUDENT AWARDS:

Hayden C	FC	For always taking pride in your work.
Hugo H	FC	For remembering to put your hand up to share your ideas.
Charlie R	FS	For being focused and ready to learn. You're a star. Keep it up Charlie.
Nayla S	FS	For taking risks with her learning and challenging herself to succeed.
Brodie N	12A	For the amazing focus and hard work you have put into all your learning this term. Superstar!
Lee P	12A	For being an attentive listener on the floor and working independently on learning task.
Archie R	12B	For working cooperatively in maths and sharing your learning with the class. Well done Archie!
Rivah S	12B	For seeking help with learning and taking on feedback. Well done Rivah!
Bentley F	12R	For working hard to achieve your best in all learning areas and accepting feedback to improve. Keep it up Bentley!
Ava N	12R	For working cooperatively with others. Keep it up Ava!
Sam N	12T	For displaying a growth mindset when working towards his learning goals.
Flynn W	12T	For being open to new learning and challenges.
Lachlan K	34L	For quickly starting learning tasks and working hard to complete them.
Savannah S	34L	For working so hard on her ten times tables at school and home.
Oliver A	34P	For being a focused learner in writing.
Myles B	34P	For completing maths tasks independently.
Chase R	34R	For always putting in your best effort in class.
Tommy S	34R	For always having a positive mindset towards your learning.
Patrick O	34W	For being kind and encouraging when working in groups. Amazing!!
Neya M	34W	For displaying kindness and being a helpful class member. Rockstar!



PRINCIPAL AWARDS:

Matina K	56	For always being open to new learning and challenges. You work hard to display your learning and aim to achieve the best you can.
Nevaeh T	34	For being a quiet achiever, your persistence to always try your best shines through your learning!
Will F	12	For being open to new learning and challenges, always aiming to achieve your best. Keep it up Will!
Isla M	Prep	For being a curious and inquisitive learner. You ask interesting questions that spark discussion and we continue to learn from each other.



5/6 MARKET DAY

Grovedale Primary School Market Day
Friday 20th October



As part of their inquiry unit on economics, the grade 5/6 students have created businesses which were presented to the prep-grade 4 students during Market Day on Friday the 20th October.

All money raised will go towards the end of year celebration held for grade 5/6 students to attend Adventure Park.
Thank you.
The 5/6 Team



Quotes from our 5/6 students regarding Market Day:

“The gush of smoke wafting in our faces from the barbeque was quite annoying. However, that didn’t stop us from getting lots of customers. Our first customer was a prep who thought our Halloween treats were awesome. The first coins falling into the container made us all beam”

Abbie

“We had Market Day. It was fun. My stall was Bracelet Besties and I was alone because my partner was sick. I made \$12.50. The bracelets were cool”.

Sharla

“On Market Day, all the food was extremely delicious and stylish. It was very crowded and noisy. We were all very excited and hopeful for the day because all our money we make goes towards our Adventure Park visit. We sold so many yummy cupcakes, we needed pots of team work and it was hard work”.

Immy

“The build up was slightly stressful, but it was totally worth it with the fun day and all the smiling faces”.

Amaya

“On Market Day, Immy and I made a stall called Sugar Rush. We made spiders, cupcakes and brownies. The spiders were most popular. We made \$160.45 and \$106.45 profit. Overall it was really fun”.

Stella

“Friday the 20th was Market Day and we were selling cupcakes. I was buying food from other stalls and got lots of things for a discount.”

Liam

VICTORIA
State Government

CITY OF GREATER GEELONG

CHILDREN'S WEEK

WONDER CHILDREN'S FESTIVAL
16-21 OCT

16-18 OCTOBER
GEELONG SCHOOLS MUSIC AND MOVEMENT FESTIVAL

17 OCTOBER
CHROMATICA BY THE INDIRECT OBJECT

17 OCTOBER
NGARRREEMEELEE NGITJ (TO DANCE TOGETHER)

19-21 OCTOBER
WARU - JOURNEY OF THE SMALL TURTLE

20 OCTOBER
TWEENS NIGHT: RAINBOW WAVE!

20-21 OCTOBER
DR AUDIO'S GIANT ADVENTURE

21 OCTOBER
THE MILK MAKES IN CONCERT!

21 OCTOBER: FREE + FUN
DAZZLING DAN THE MAGIC MAN
ROMING CIRCUS ENTERTAINERS
THE PLANTS + MORE!

Experience wonder, joy and boundless curiosity with Geelong Arts Centre's Wonder Children's Festival!

From 16 – 21 October, immerse your little ones in the magical world of the arts and prepare for an extraordinary journey filled with wonderment, joy, and boundless curiosity, as children aged up to 12 years are invited to experience the transformative power of the arts like never before.

With an incredible lineup of free and ticketed events, including dazzling headline performances from Indigenous dance powerhouse, *Bangarra*, a concert extraordinaire from pioneering local children's entertainers, *The Milk Makes*, First Nations dance workshops, a *Twins disco night*, and even the opportunity to create music using real life plants with *Playable Streets*, Geelong Arts Centre's Wonder Children's Festival is designed to captivate the hearts and minds of all young, avid arts adventurers.

Plus, unleash their creativity with amazing interactive workshops and installations, where they can dance, sing, play music, and explore their own artistic expression.

Geelong Arts Centre's Wonder Children's Festival is more than just a spectator event – it's an opportunity for young people to become active participants in the magic. Let their imaginations run wild as they step into the spotlight and get involved in the artistic process.

Check out what's on, and book your tickets now to be a part of a truly Wonder-ful experience that will ignite their passion for the arts and create treasured memories for years to come.

BOOK NOW
CALL 1300 251 200
IN PERSON 81 RYRIE ST, GEELONG
ONLINE GEELONGARTSCENTRE.ORG.AU

CHILDREN & FAMILIES

Children's Week 2023
21-29 October

BOUNCE BACK TO THE LIBRARY

For Children's Week 2023 come visit our libraries as many times as you can to earn a certificate!

Collect your Bounce Back to the Library Passport and a take home activity from any of the Geelong Libraries!

No Bookings Required.
Ages 3-12 years old

RUNNING AT ALL BRANCHES

CHILDRENS WEEK: 21 – 29 October 2023

Earn your Certificate!
3 Visits = Bronze Certificate
5 Visits = Silver Certificate
10 Visits = Gold Certificate
11+ Visits = Platinum Certificate

All events are FREE unless otherwise specified.
Enquire: grfc.vic.gov.au
In person at 81 Ryrie St or phone 03 5202 2820

grfc.vic.gov.au

Entertainment

Grovedale Primary School



<https://subscribe.entertainment.com.au/fundraiser/113g119>

Need ideas for Christmas Presents?

Every order placed via the QR code or ordering online directly deposits 20% into your school's fundraising account.

The Entertainment App discounts now work all year round.

More convenient than the coupon book – you always have your phone with you!



Support our fundraising – 20% comes directly to us

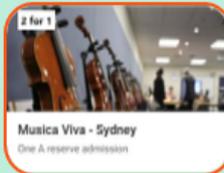
Check out the discounts in your city - Click here

25% off



Infinity at Sydney Tower
25% off. Up to \$50

2 for 1



Musica Viva - Sydney
One A reserve admission

Special Rate



Travelodge Hotels
Special rate

What are you waiting for?

Buy your Membership and we receive 20% for our fundraising

[Join now!](#)



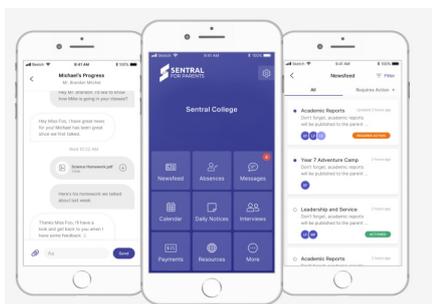
CONGRATULATIONS IZZY—

Izzy D a year 5 student competed in 100metres and hurdles on the 17th of October. We were very proud of how she represented our school and for qualifying to compete in this Regional Athletics Day held in Keilor Park, Melbourne.



The 1/2's cashed in their stickers for a hot chip lunch reward as part of our school wide positive behaviour program. All smiles and well earned!

(Photo of 1/2 T)





GEAR UP FOR TERM 4 WITH VILLAGEOSHC!
BOOK NOW AT [VILLAGEOSHC.COM.AU!](http://VILLAGEOSHC.COM.AU)

How to Enrol (for free) and Book

VillageOSHC is a new provider at the school. Therefore, you must enrol your child at VillageOSHC in order to book into Before or After School Care. To enrol, visit villageOSHC.com.au and click Book Now. You will be directed to our booking platform, villageoshc.lookedafter.com. Click Login/Enrol in the top right corner and follow the prompts. After you've enrolled your child, you can book your sessions.

Operating Days, Hours and Fees

Before School Care	After School Care
Monday - Friday	Monday - Friday
7:00am - 8:45am	3:15pm - 6:00pm
Session Fee: \$19.95	Session Fee: \$25.95

Book 24 hours in advance to receive the permanent rate. Bookings made within 24 hours receive the casual rate. Cancel free of charge, 24 hours in advance.

Enrol and book today for the start of Term 4!

WELCOME TO VILLAGEOSHC

GEAR UP FOR TERM 4 WITH VILLAGEOSHC!

VillageOSHC offers Outside School Hours Care on site at your school. We are geared up to provide children with an exciting new term that combats the daily grind with fantastic activities and delicious health-based snacks! Our service is low cost, guilt free and super fun!

GET READY FOR A NEW TERM FULL OF:

- Nutritious breakfast and afternoon snacks!
- Fun activities and games that inspire learning, teamwork and creativity!
- Caring and supportive Educators trained to keep children safe and bring out their best selves!

BOOK TODAY AT VILLAGEOSHC.COM.AU AND ENJOY THE NEW TERM!

LOST PROPERTY—ALL ITEMS AT THE FRONT OFFICE

Please **don't forget to name your child's school** garments so we can return them when they leave them lying around the school.

PLEASE ENSURE ALL SCHOOL UNIFORM IS NAMED, SO THEY CAN BE RETURNED TO THE OWNER.



HATS

We are a SunSmart school. Hats need to be worn from September to the end of April 2024.

Please make sure your child is wearing a wide brimmed hat from this date, otherwise they will only be able to play in areas of shade.

Bellarine Uniforms will have more sizes if you prefer to have a logo on the hat or try Kmart or Best n Less.

PLEASE ENSURE THE HAT IS NAMED SO WE CAN RETURN IT WHEN IT IS LOST IN THE YARD.

Join us at the Uniting book sale.

Nothing over \$1

Join us at our monthly book sale.

Held the first Friday and Saturday of each month at Uniting Grovedale, the Uniting book sale raises much needed funds for local services.

Friday 3rd November

and

Saturday 4th November

10am - 2pm

272 Torquay Rd, Grovedale
(Corner Reserve and Torquay Roads)

WORKING BEE DATES:

Please consider helping us to keep our school clean and tidy.

9am—12pm

Calling all parents and care givers! We're seeking helping hands to spruce up our site, tidying gardens, clearing drains, installing garden edging – all sorts of activities. No experience needed!

Every contribution helps to improve our school grounds.

- October 28th
- December 9th

Working Bee



BUILDING RESILIENCE THROUGH INDEPENDENCE

PRESENTED BY ANDY MCNEILLY

Andy has been running simple and fun workshops to help parents create more connection with their family.

Many of our children are struggling with worry and anxiety. They may face social and online challenges and can often feel stuck. As parents, we can find this difficult to help our children as they confront issues so different to the ones we faced at their age.

This workshop is designed to help parents teach their children to be more resilient while building their independence. It will give parents simple and practical ideas to help their children, while developing strong, loving, and connected relationships.



THURSDAY 16 NOVEMBER

7.30pm–9.00pm

VENUE
Surf Coast Shire Council
1 Merrijig Drive, Torquay

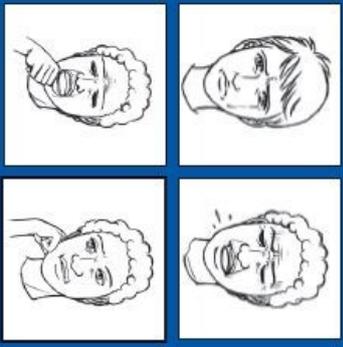
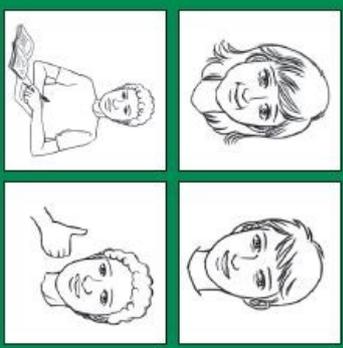
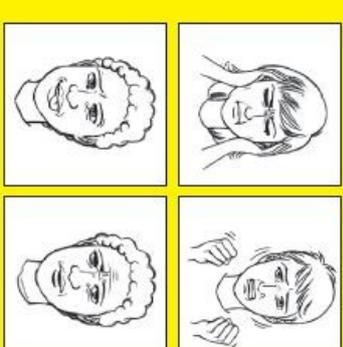
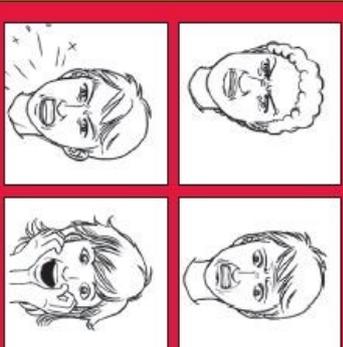
BOOKINGS

Scan the QR code or visit getalong.link/BuildingResilience

This is a free event but bookings are essential.



The ZONES of Regulation™

 <p>BLUE ZONE</p> <p>Sad Sick Tired Bored</p> <p>Moving Slowly</p>	 <p>GREEN ZONE</p> <p>Happy Calm Feeling Okay Focused</p> <p>Ready to Learn</p>	 <p>YELLOW ZONE</p> <p>Frustrated Worried Silly/Wiggly Excited</p> <p>Loss of Some Control</p>	 <p>RED ZONE</p> <p>Mad/Angry Terrified Elated/Ecstatic Devastated</p> <p>Out of Control</p>
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PARENT EDUCATION EVENTS

GEELONG and BARWON
SOUTHWEST REGION



TERM 4, 2023

All Regional Parenting Service programs along with MELI (*formerly Barwon Child Youth & Family (BCYF) and Bethany*), Family Relationship Centre, Drummond St Services and Barwon Southwest Region programs will be offered face to face or online. Bookings are essential. For details of dates, times and venues please see below.

FEATURE FORUM

BUILDING RESILIENCE THROUGH INDEPENDENCE

Thursday 16 November
7.30pm – 9.00pm
Surf Coast Shire Council,
1 Merrijig Drive, Torquay



Scan the QR code or visit [Eventbrite](#) for tickets.

Presented by Andy McNeilly

Many of our children are struggling with worry and anxiety.

They may face social and online challenges and can often feel stuck. As parents, we can find this difficult to help our children, as they confront issues so different to the ones we faced at a similar age.

We want to help our adolescents to build their resilience, so when they encounter new challenges, they can tackle them with more confidence. This workshop is designed to help parents teach their children to be more resilient while building their independence. It will give parents simple and practical ideas to help their children, while developing strong, loving, and connected relationships.

BRINGING UP GREAT KIDS

The First 1000 Days

The first 1,000 days of life is a program for parents with children aged under 2 years and designed to nurture parents as they embark on their journey. It provides parents with knowledge about brain development and an understanding of how children grow and what they need. The centrality of family relationships and opportunities for parents to reflect on their own childhood and how to connect with their children are all explored.

BRINGING UP GREAT KIDS

Bringing up Great Kids is a 6-week supportive program for parents of children aged 12 months to 9 years.

The program aims to:

- develop parents' skills to enhance communication with their children;
- promote positive interactions between parents and their child/ren;
- encourage the development of a child's positive self-identity.

CIRCLE OF SECURITY

Circle of Security is an 8-week supportive program for parents of children aged birth to 5 years.

The program aims to:

- help parents understand how to build feelings of security for children in their early years;
- assist parents with skills to build on the positive relationship with their child;
- develop confidence in parents to respond to their child in a way which builds a secure foundation for children.

TUNING IN TO KIDS

Tuning in to kids is a 6-week supportive program for parents of children aged 4 to 10 years.

The program aims to:

- help parents teach and support their child/ren to understand and manage their emotions;
- support parents in encouraging children to express emotions appropriately;
- maximise children's social, behavioural and learning outcomes.

BRINGING UP GREAT KIDS

Parenting Adolescents

The program builds on maintaining positive relationships and interactions between parents and adolescents during the ages of 10 to 17 years.

This 6-week program will look at having a better understanding and being able to support your adolescent.

- Finding meaningful ways to stay connected with you adolescent;
- Understand that all behaviour and interaction have a meaning attached to it;
- Develop an increased understanding about the messages that they communicate to their adolescent through their behaviour, actions and attitudes;
- Develop skills to identify and manage their stress associated with parenting.

STEPPING STONES

Stepping Stones is a 5-week program for families with a child who has a disability. The program aims to help parents use Positive Parenting to acquire new skills and knowledge. Skills are practiced and parents receive constructive feedback about their use of skills.

OUR KIDS – Parenting After Separation

Our Kids is a 6-week course on parenting after separation and the impact of parental conflict on children. The course encourages parents to focus on the needs of their children and develop helpful communication strategies following separation. Courses run weekly for 6 weeks during school terms. Morning and evening sessions are available.

THE DAD WORKSHOP

This 6-week program will focus on giving you the tools you need to create a better life for your entire family.

We will look at simple things you can do to improve:

- your relationship with yourself;
- your relationship with your partner;
- your relationship with your kids.

FLOURISHING FAMILIES

A 5-week program for parents with children of all ages to discover how you can help your family to flourish.

Learn about:

- how you can promote resilience;
- increase awareness of your family's strengths;
- create and nurture positive family relationships;
- give feedback to support individual growth.

BUBS TO TOTS

Bubs to Tots brings mothers (up to 24 years) of children in the 1 to 2 year age group together for support and education.

NO MORE SCAREDY CATS

Reducing Anxiety and Building Resilience in Children

A 4-week program for parents of children 5 to 12 years to gain an understanding of the increasing levels of anxiety in a child and strategies to help manage the "traps and tripwires" with strengthening sayings, questioning strategies and mindful exercises.

TUNING IN TO TEENS

Tuning in to teens is a 6-week supportive program for parents of teens aged 12 to 18 years.

The program aims to:

- support parents to connect and communicate with their teens;
- assist parents with understanding adolescent development;
- help parents to assist their teen to develop emotional intelligence;
- remain empathetic and stay connected.

LIVING WITH TEENS

A model for building strong, secure connections. Living with Teens is a 3-week program.

The program aims to cover:

- what parents need to be able to meet teen's needs;
- what teens need from parents;
- adolescent development.

BUMPS TO BUBS

Bumps to Bubs brings young mothers and mothers-to-be (up to 23 years) with babies 0 to 1 year, together to support the journey of parenting.

DADS TUNING INTO KIDS

Dads Tuning into Kids is a 6-week supportive program specifically for Dads of children aged 3 to 12 years.

The program aims to:

- help dads to effectively tune in to their child's emotions;
- encourage dads to strengthen their emotional connection with their child;
- support dads to build skills in emotion coaching to assist their child's individual needs.

POSITIVE PARENTING PROGRAM

Available online via the Triple P website

www.triplep-parenting.net.au/vic-uken/triple-p/

STRENGTHENING FAMILY CONNECTIONS

Strengthening Family Connections is a free 8-week program for parents and their children aged 8 to 12 years. The program aims to build a positive family culture and strengthen family connections.

Parent Education Events

Term 4, 2023

Program	Location / Venue	Days / Dates	Time	Bookings
Tuning in to Teens	Online via Zoom	Thursdays 12 Oct – 16 Nov	7.00pm - 9.00pm	 <p>Regional Parenting Service</p> <p>www.geelongaustralia.com.au/parenting</p> <p>Ph: 5272 4741</p> 
Tuning in to Kids	Online via Zoom	Wednesdays 25 Oct – 6 Dec	7.00pm - 9.00pm	
Circle of Security	Virginia Todd Community Centre 9-15 Clarence St, Geelong West	Mondays 9 Oct – 4 Dec	7.00pm - 9.00pm	
Bringing up Great Kids - Adolescents	Kurambee Myaring Community Centre, 12 Merrijig Drive Torquay VIC 3228	Tuesdays 14 Nov – 19 Dec	7.00pm - 9.00pm	
Bringing Up Great Kids	Virginia Todd Community Centre 9-15 Clarence St, Geelong West	Thursdays 19 Oct – 23 Nov	7.00pm - 9.00pm	
To express your interest for the following programs please scan the QR code				
The Dad Workshop	Stepping Stones	Flourishing Families		
BUGK First 1000 Days	No More Scaredy Cats			
Our Kids – Parenting after Separation	Family Relationship Centre 7 Ryan Place, Geelong	Tuesdays 10 Oct – 21 Nov Thursdays 12 Oct – 16 Nov	6.00pm – 8.00pm	 <p>Family Relationship Centre</p> <p>www.catholiccarevic.org.au</p> <p>Ph: 5246 5600</p>
Online parenting programs	Drummond St Services offer a range of online programs, please see their website for further details.	Various dates and times		 <p>Drummond Street Services</p> <p>ds.org.au/events/</p>



Parent Education Events

Term 4, 2023

Program	Location / Venue	Days / Dates	Time	Bookings
Tuning in to Kids	Meli 222 Malop Street, Geelong, VIC 3220	Thursdays 19 Oct – 23 Nov	10.30am - 12.30pm	 <p>MELI</p> <p>Meli, the new name for BCYF and Bethany</p> <p>www.bcyf.org.au</p> <p>Ph: 5226 8900</p> 
Circle of Security	Meli 222 Malop Street, Geelong, VIC 3220	Tuesday 17 Oct – 21 Nov	9.30am - 11.30am	
Strengthening Family Connections	Torquay College 45-55 Grossman's Rd Torquay VIC 3228	Wednesday 11 Oct – 29 Nov	2.00pm - 5.00pm	
Bringing Up Great Kids – Parenting Adolescents	Bannockburn Cultural Centre – Barwon Room, 27 High St, Bannockburn VIC 3331	Tuesday 17 Oct – 21 Nov	5.30pm – 7.30pm	
Tuning in to Teens	Kurrambee Myaring Community Centre, 12 Merrijig Drive, Torquay VIC 3228	Thursdays 19 Oct – 23 Nov	12.30pm - 2.30pm	
To express your interest for the following programs please contact MELI				
Baby College	Bumps to Bubs	Bubs to Tots		
Circle of Security	Children's Services Centre 550-600 Raglan Pde, Warrnambool	Wednesdays 26 July – 30 Aug	6.30pm – 8.00pm	 <p>CatholicCare Victoria – Warrnambool</p> <p>www.catholiccarevic.org.au</p> <p>Ph: 4344 4588</p> <p>E: helen.diamond@catholiccarevic.org.au</p>
Circle of Security	Moyne Shire - Location TBC	Thursdays 12 Oct – 16 Nov	5.00pm – 7.00pm	
Tuning in to Teens	City of Warrnambool & Headspace	Thursdays 23 Nov – 7 Dec	Time TBA	
Living with Teens	Online via Zoom	Thursdays 23 Nov – 7 Dec	Time TBA	

