



Grovedale News

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<http://sentral.grovedaleps.vic.edu.au/portal2/#!/login>

Term 3 Week 9 11th September 2019

PRINCIPAL NEWS

R U OK Day

On Thursday our students will participate in a range of activities to raise awareness about the importance of mental health and wellbeing. As we are social beings, we can meaningfully connect and reach out to people who might require support. None of us need to be expert health professionals to help others and be good listeners.

The organisers of the day suggest a simple 'recipe' to help us support others:

Got a nigging feeling that someone you know or care about it isn't behaving as they normally would? Perhaps they seem out of sorts? More agitated or withdrawn? Or they're just not themselves. Trust that gut instinct and act on it.

By starting a conversation and commenting on the changes you've noticed, you could help that family member, friend or workmate open up. If they say they are not ok, you can follow our conversation steps to show them they're supported and help them find strategies to better manage the load. If they are ok, that person will know you're someone who cares enough to ask.

Starting an R U OK conversation?

Use these four steps:

- 1. Ask R U OK?**
- 2. Listen**
- 3. Encourage action**
- 4. Check in**

School Community Hour

In an effort to generate more school pride and to care for our fantastic school, we will be using the last hour of the school day every Friday for community-based activities. These will include gardening, picking up litter, sweeping paths, raking leaves and general beautification of the grounds before we go into our weekly Assembly. We are very fortunate to have a spacious campus with modern buildings to complement our learning program. As such, we need to take care of these facilities and ensure our kids have a strong sense of ownership of the school. This initiative aligns strongly with our school values of *RESPECT, RESPONSIBILITY and SAFETY*.

Sun smart

Just a reminder that all students are expected to wear a hat to school from the beginning of September. As I mentioned to the kids at last week's Assembly, we don't want students following the same unhealthy practices many people of my age did when we were young, of not using hats and sunscreen. Skin cancer is one of the most preventable cancers so there is no excuse for us not to encourage 'sun smart' behaviour!

Student Learning

Last week we received our school's NAPLAN results. As you may be aware, all Australian students in Grades 3, 5, 7 and 9 participate in these assessments. The areas of testing include Writing, Reading, Spelling, Numeracy, Grammar and Punctuation. Although these assessments are open to critique as they are 'generic,' are conducted on one predetermined day in a specific format, don't differentiate between contexts, and don't allow for a great deal of creativity in responses, they do however give the school and parents a good indication of a student's individual performance. Together with a range of other performance data, we use the NAPLAN results to inform future teaching and to identify areas that might require more attention. Our teachers use a range of assessments to ensure that our end of semester reports accurately reflect the progress of each and every student. Unfortunately our school's NAPLAN results for 2019 were not as good as we expected and we were below state averages in most areas. As a staff we are taking this very seriously, and currently are analysing ways we can improve our practice to enhance future student outcomes.

Occupational Health and Safety

As I mentioned earlier this term, we will be having an official O H and S audit in November. In preparation we have been doing a good 'clean up' of potential hazards around the school, and Mr Shiell is presently completing his formal training as our O H and S representative. We certainly aren't approaching this as merely a 'compliance requirement,' but are genuinely trying to create a safe and inviting learning environment for all students and staff. A big thank you goes out to all the staff members and students who have done an amazing effort in the general clean up around the school.

I promise that you won't need to endure more than a couple more weeks of me banging on about sport in our Newsletter. We have however got a big game lined up for Friday night with the CATS taking on the mighty EAGLES. Having lived in WA in the nineties, I am tragically a West Coast supporter, so am looking forward to the clash.

On another note, it is also supposed to get a bit warmer for the upcoming weekend, so make the most of it and get out there and be active with your kids. This is an ideal time of the year to start a new fitness routine, and as adults we can all model healthy activity to our kids and enjoy some family time together.

Regards

Adrian Waters

Acting Principal

SEP 2019	
Mon 2nd Sept to Fri 13th Sept	Years P - 2 Swimming
Wed 11th Sept—24th Sept	8 GPS students travelling to China (selected students only) & 2 Teachers
Wed 11th Sept	Debating Team at Highton Primary School
Thur 12th Sept	Debating Team at Fyans Park Primary School
Thur 12th Sept	R U OK Day—Come dressed in yellow. No donation required. An awareness day.
Wed 18th Sept	Come and Visit Day for Preps in 2020 2.30pm—3.10pm
Fri 20th Sept	Footy Colours Day—Wear your favourite sports team colours (GOLD COIN DONATION)
Fri 20th Sept	Last Day of Term 3—2.30pm Finish
OCT 2019	
Mon 7th Oct	1st Day of Term 4
Mon 7th Oct—1st Nov	Walk To School
Mon 7th—11th Oct	Woorabinda (Somers) Camp—selected students only
Mon 21st Oct	Year 4—Big Bike Ride from 9.30am—2.30pm (parent help needed for BBQ please)
Tue 22nd Oct	Poppykettle Excursion—Foundation to Year 2
NOV 2019	
Tue 5th Nov	Prep 2020 orientation morning 9.15am—10.45am
Tue 5th Nov	Prep 2020 Parent Information session 9.15am—10.45am
Tue 5th Nov	Whole School Transition 9am—11am
Fri 22nd Nov	Curriculum Day
Wed 27th Nov	Prep 2020 orientation morning 9.15am—10.45am
Wed 27th Nov	Whole School Transition 9am—11am
Fri 29th Nov	Foundation—Year 1 Dinner
Fri 29th Nov	Year 2 Sleepover
DEC 2019	
Fri 6th Dec	Christmas Carnival 4—8pm
Tue 10th Dec	Prep 2020 orientation morning 9.30am—12pm (BBQ supplied for Prep 2020/parents)
Tue 10th Dec	Whole School Transition 9am—11am
FORMS / PAYMENT DUE BACK	
Fri 20th Sept	OPT OUT forms for Christmas raffle to returned

Year 4—Big Bike Ride MONDAY 21st October 2019 9.30am—2.30pm

After the Bike Education Program, the Year 4's have a Big Bike Ride to the Queen's Park Playground/BBQ area and we would love for 3—4 Parent Helpers to help set up the BBQ. Our route from school will be through Brearley Reserve, over Barwon Heads Rd, through the Marshall Cricket Club grounds towards the bike track along the river near the Breakwater Bridge overpass.



Please contact the school office if you are able to help on this day.

STUDENT AWARDS

Ahmed A	FD	For making more on an effort with his writing.
Paul C	FD	For trying hard to improve his reading by looking at the word.
Ruby J	12C	For putting in her best effort when trying to halve the ingredients in a recipe.
Dylan F	12C	For looking after his belongings at swimming and being quick to get changed.
Connor H	34C	For showing greater responsibility for his own learning and working hard in writing.
Archer G	34C	For taking on leadership roles when working in groups.
Zeke M	34M	For working responsibly during numeracy lessons.
Josie C	34M	For being a quiet and conscientious worker.
Leena B	34M	For speaking clearly during our class assembly.
Olivia S	34S	For making sure your table is clean and tidy.
Jakaylah S	34S	For always being kind to others.
Indica S	56C	For taking responsibility for her learning by attending school more regularly.
Dylan P	56C	For taking responsibility for his learning and staying on task, well done!
Emily R	56C	For taking ownership of her learning goals and extending herself in all subject areas.
Grace C	56S	For being an active learner during reading groups.
Adam S	56K	For being an inclusive classmate and helping others.



Grovedale PS is having a dress in Yellow day on:

Thursday 12th September to raise awareness for RU OK Day <https://www.ruok.org.au/>.

We are NOT asking for any donations, just to dress in something YELLOW and at some point during the day, the students will be engaged in some well-being activities and encouraged to have the important conversations with their friends around their mental health.

**When you notice a change,
no matter how small**

**Trust the Signs, Trust your Gut
& Ask R U OK?**

Learn the signs and how to ask at [ruok.org.au](https://www.ruok.org.au)

RUOK?
A conversation could change a life.

NEW UNIFORMS:

We can now confirm that the Grovedale Primary School official supplier is: Bellarine Uniforms 162 Moorabool St, Geelong.

They are stocked up with items. An Introductory letter from Bellarine Uniforms & Price List has been sent home with the Youngest Child in all families approximately 2 weeks ago.

SECOND HAND UNIFORMS: in the Sick Bay on: **Tuesday afternoons only from 3:00pm-3:20pm.**



k10941915 fotosearch.com ©

2020—Prep Enrolments

As planning for next year is now underway, if you have any sibling children that will be starting school, or know other families who intend to join us, please encourage them to submit enrolment forms as soon as possible. Schools need to have accurate numbers in order to budget, plan learning spaces, specialist timetables and staff. Once again we are hoping to run two Prep classes next year.



**BELLARINE
UNIFORMS**



GROVEDALE PRIMARY SCHOOL

Uniform Pricelist Valid to June 30 2020

uniform	Fleecy Rugby Top – (with Logo)	All Sizes	\$39.95
	Zip Bomber Jacket – (Navy/Red With logo)	All Sizes	\$42.95
	Polo Shirt Short Sleeve (Red/Navy with Logo)	All Sizes	\$26.50
	Polo Shirt Long Sleeve (Red with Logo)	All Sizes	\$28.95
	Dress (Nvy/White Gingham with white collar)	All Sizes	\$37.50
	Skort (Navy/White Gingham Skort)	All Sizes	\$23.95
	Winter Kilt (Poly/Viscose – Navy/Red/White Check)	All sizes	\$69.50
	Detachable Vneck Bib (With buttons to be attached to Kilt)	All Sizes	\$20.00
	Trackpant (Navy Double or Single knee)	From	\$ 29.95
	Shorts – (Rugby Knit Short Navy)	From	\$ 24.95
	Sport Skort (Navy with bike short)	All Sizes	\$ 23.95
	Softshell Jacket (New Navy Softshell jacket with Logo)	All Sizes	\$ 48.95
Accessories.	School Bag (Uno Pack with Logo)		\$ 48.95
	Slouch Hat (Navy with logo)		\$ 15.95
	Tights (Navy Cotton Lycra Tight)	From	\$16.95
	Sport Socks (White 3 Pack)	3 Pack	\$15.95
	Socks Anklet (White or Navy 3 Pack)	3 Pack	\$ 13.95
	Socks Kneehi (White or Navy 2 Pack)	2 Pack	\$12.95
	NAME LABELS Pre-ordered Garment Labels	50 units	\$23.00

GROVEDALE PRIMARY SCHOOL.

Extend offers after school care programs which are fun, exciting, inclusive and safe. Extend has qualified and dedicated Educators who have chosen to work exclusively for Extend. These Educators make a difference by spending time getting to know the children and families so they can provide a variety of tailored programs to engage and stimulate the children every day.

After School Care

Time: 3.15pm – 6.00pm (Healthy snack provided)

Session fee: \$29.50*

Pay approximately \$5.45 – \$29.50 after Child Care Subsidy entitlements.

*Fees are per child per session. For a full list of fees and charges including late notice and walk-ins, see Terms and Conditions at extend.com.au



Collection of Bottle Tops—at the office

One of our students and her family are supporting a very good cause. Please collect bottle tops from your empty recycling and send to the office .

Please watch these You Tube videos explaining the fabulous work that Envision and their band of workers do.

<https://youtu.be/YeyBGvhwDG0?t=52>

<https://youtu.be/kCRjefs2aJY> or head to the website:

<https://envision.org.au>

FOOTY COLOURS SPORTS DAY —

Wear your favourite sports team colours and a Gold Coin Donation!! Friday 20th Sept 2019

‘Fight Cancer Foundation’s Footy Colours Day’ is a national fundraising campaign held during the month of September to support kids living with cancer. Schools, workplaces, groups and clubs across Australia are encouraged to wear their favourite footy team’s colours and host an event to raise much-needed funds. Every dollar raised supports Fight Cancer Foundation’s education programs to help kids with cancer continue with their education during treatment and recovery.’

In light of Danny Frawley passing, a legend of the AFL and also our awareness day called R U OK on Thursday 12th September, we will not be donating to Cancer research, instead we will be donating the funds raised to Beyond Blue.



<https://www.beyondblue.org.au/get-support/national-help-lines-and-websites>

LOST AND FOUND

There is 2 items of jewellery at the office. If they are yours please come to the office to collect. Thanks



LOST PROPERTY

There are still quite a few items of school clothing in lost property. Please have a look to see if anything belongs to your child.



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- laptops & tablets
- lessons & activities
- uniforms & shoes
- books & supplies
- sports fees & gear
- campus & excursions

Contact your local Saver Plus Coordinator
Phone or SMS your name and postcode to 1300 610 355
Email GeelongSP@bathany.org.au
Online saverplus.org.au
Find us on Facebook

To join Saver Plus, you must be at least 18 years or over, have a child at school or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment*

bathany
community support

saverplus

*Many Centred payments are eligible, please contact your local Coordinator for more information.
Saver Plus is a member of the Department of Financial Services and ASIC, and is licensed in partnership with Saver Plus, The Donorship Society and The South Society and other local community agencies. The program is funded by ASIC and the Australian Government Department of Social Services. Go to www.saverplus.org.au for more information.



Call out for Market or Food Stall Holders!

We are on the look out for Market Stall Holders for our Christmas Carnival! If you, or someone you know, sells something suitable for our event, please pick up an application form at the school office or call 5243 3902 for the office to email out one.

Seeking donations

Do you, or someone you know, have a business that could donate an item/s for our Christmas Carnival? We are on the look out for prizes, vouchers or anything that is suitable for our event. Please drop donations into the school office or call 5243 3902 to arrange delivery or pick up of the item.

Christmas Raffle

As part of the Christmas Carnival the school will be running a major fundraising raffle. As these tickets are considered legal tender, we have this week handed out an 'OPT OUT' note to the YOUNGEST student in the family. Please sign and return to the office if you **DO NOT** wish to sell raffle tickets on the school's behalf.



Walk to School this October

Put these dates in your diary!!

Grovedale Primary School is excited to be taking part in VicHealth's Walk to School month from Monday 7th October to Friday 1st November.

Walk to School encourages primary school students to walk to and from school every day in October to highlight the ways walking improves children's health and well-being. Walking to school is a great way to help kids achieve the recommended 60 minutes of physical activity each day.

We are encouraging families and students to walk to and from school as often as possible during October to help students learn healthy habits for life. Teachers will use classroom calendars to record each time students walk to and from school. VicHealth offers some great prizes to schools with high participation, and runs fun walking themed competitions for students throughout October.

You can also visit the Walk to School website for more information: www.walktoschool.vic.gov.au

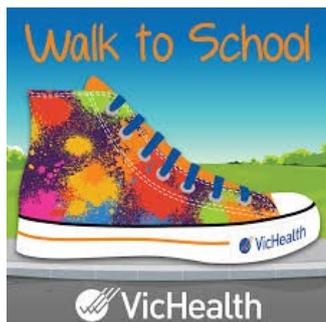
Not sure how to get started?

There are lots of ways families can get involved. You might like to:

- walk with your child to and from school and enjoy the chance to talk, help your child learn road safety skills, and get to know the local neighbourhood together
- arrange for your child to walk with other families or friends, giving them time to socialise and share their journey
- drive part of the way to school and walk the rest, particularly if you live a long way from school, or have limited time
- mix it up – if your child enjoys riding their bike or scooter, that's great too!

We would also appreciate you completing the **family survey** on active travel (link below), which has a **\$250 Rebel gift card** up for grabs.

<https://www.surveymonkey.com/r/G21activetravel>



We have books available at the office if you would like to purchase one. You can also order online, please visit:

<https://www.entertainmentbook.com.au/orderbooks/113g119>

Only \$60 the book contains thousands of dollars value!!



IGA GROVEDALE EAST

Remember if you shop at IGA in Marshalltown Road, to bring your IGA docket in regularly.

We must have all docket for the month in by the 15th of the following month.

Example: Please send all of your September docket in by the 15th of October. Keep collecting!

A huge Thank You to IGA for your ongoing support and sponsorship of the school. Thank You IGA!!



MANDAMA PRIMARY SCHOOL PRESENTS:

GROVEDALE COMMUNITY SPORTS EXPO

THURSDAY 12TH SEPTEMBER, 2019

Fun for the whole family!

Meet administrators from a wide variety of sport organisations in the local area.

Information (and fun!) provided about:
AFL, soccer, cricket, hockey, tennis, netball, baseball, Karate, golf, dance, gymnastics... and more!

3:30 – 4:30pm Thursday 12th September, 2019
Mandama Primary School (10 Corang Avenue, Grovedale)

A poster for a sports expo. It features a blue background with various sports equipment including a basketball, a soccer ball, a tennis racket, and a baseball bat. The text is in white and yellow. Logos for Mandama Primary School, Netball Victoria, Athletics Victoria, and Golf Australia are visible on the left side.